

THE *Mardler*

BROCKDISH & THORPE ABBOTTS

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THE MARDLER is FREE
and delivered to all houses in Brockdish and Thorpe Abbots
Also available online at www.themardler.org.uk

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The views expressed in The Mardler are not necessarily those of the Editorial team. The Editor reserves the right to amend or alter any copy received.

BROCKDISH VILLAGE HALL TIMETABLE

Monday	Monday Minglers (2.00pm)
Wednesday	Art group (10.00am)
	Badminton (3.00pm & 5.00pm)
	Zumba Gold (6.30pm)
	Zumba (7.30pm)
Thursday	Yoga (10.00am)
	Carpet Bowls (7.30am)

From local events and history to Parish Council news, please look at the village website:
www.brockdishthorpeabbotts.com

ADVERTISING IN THE MARDLER

If you are interested in advertising, the current rates are £25 for ¼ page, £50 for ½ page, and £100 for a full page, which covers the 6 issues from 1st April annually. The cost for less than 6 issues is £5 per issue for ¼ page, £10 per issue for ½ page and £20 for a full page. For further information please contact Judith Chambers, see above.

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Brockdish Village Hall 01379 668416
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Sue Hughes

Badminton 01379 669016
Roger Woodrow

Yoga 07856 216735
Belinda

South Norfolk District Councillor 01379 676259
Clayton Hudson

Parish Clerk 01379 308617
Teresa Hines

South Norfolk Help Hub 01508 533633
0845 269078

Waveney Food Bank 01379 870506

My favourite season has finally arrived. As the daffodils and bluebells fade, up have popped the alliums with their purple, fuzzy orbs. As the temperature has risen, the peonies have finally opened up, to give a display of vivid colours and a beautiful scent. It is the time of year for perpetual weeding, sowing and watering, but one I love the most. Sitting outside on a long summer's evening, listening to the swifts calling and the smell of barbeques in the air has to be one of life's greatest pleasures, especially if accompanied by a glass of something chilled!

Summer is always a busy social time for people, but please try and make time for one of the village highlights - the Annual Pink Ladies Tractor Run. If I remember rightly, last year's ladies had to endure some pretty inclement weather, so we all wish them a good forecast for this year's run, and hope they raise lots of money for Cancer Research UK. Please give what you can.

Jo Slater, Editor

REMEMBER

Closing date for entries in the June/July 2026 issue is **Friday 26th June 2026**. Articles received after this date **will not be included** in the next issue.

The Mardler needs you!

We have a space for a person on our editorial team.

If you can bring fresh ideas, suggestions, and have an eye for detail, then we would love to hear from you. We ideally would like someone to represent Brockdish residents.

Please get in touch with the editorial team for more information.

What's on at Harleston Library

Tel: (01379) 852549 Email Harleston.lib@libraries.norfolk.gov.uk



This year's Summer Reading Challenge has the catchy title of 'Read to the Beat', and to get ourselves in the mood, and with the help of some of our groups, we have been decorating the library with some seasonal lyrics.

The Summer Reading Challenge is designed to encourage children to keep reading over the long school summer holidays. Children are rewarded with stickers during the challenge, and a medal and certificate on completion. We will be having an official launch of the SRC on Saturday 18th July, so look out for posters and flyers in the library with more details coming soon.

In April we held our first Menopause Support session and there will be another one taking place on Wednesday 10th June. Drop in between 5.30pm and 6.30pm for a chat and a cuppa, and for support and information.

Bringing the Library to You

Our Home Library Service delivers books and other media free of charge to people unable to get to their local library due to poor health, mobility issues, or caring responsibilities. To use this service, please contact the Norfolk Library and Information Service on 0344 800 8020 or email libraries@norfolk.gov.uk.

To learn more about becoming a Norfolk Home Library Service Volunteer, please visit royalvoluntaryservice.org.uk, call 01603 397998, or email norfolkhl@royalvoluntaryservice.org.uk.

Mobile Library

Visits Brockdish and Thorpe Abbotts every four weeks on a Thursday. Next visits are **Thursday 11th June 2026 and Thursday 9th July 2026**. Stopping at:

- Brockdish 12.20 pm Grove Road
- Thorpe Abbotts 12.35 pm Village Pump

What's on at Harleston Library

Tel: (01379) 852549 Email Harleston.lib@libraries.norfolk.gov.uk

Dates for your Diary

(these activities are free of charge with refreshments available, no need to book)

<u>Every Monday</u>	12.00-2.00pm 2.00pm-3.00pm 3.30pm-4.30pm	Digital Support 'Just A Cuppa'. Join us for free refreshments and lively conversation! LEGO Club
<u>Every Wednesday</u>	10.30am-11.00am 11.00am-12.00pm 3.30pm-4.30pm	Bounce and Rhyme (for babies and toddlers) Stay and Play (for babies and toddlers) Family Time (craft and games for families)
<u>Wednesday 3rd June</u>	2.00pm-3.00pm	Meet & Make group (adults)
<u>Wednesday 10th June</u>	2.00pm-3.00pm 5.30pm-6.30pm	Knit and Natter Group Menopause Support Group (drop in or stay for the whole session)
<u>Wednesday 17th June</u>	2.00pm-3.00pm	Meet & Make group (adults)
<u>Wednesday 24th June</u>	2.00pm-3.00pm	Knit and Natter Group
<u>Every Friday</u>	2.00pm-3.00pm	Book Café. Drop-in session for book lovers.

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Brockdish and Thorpe Abbotts Allotments Association

BATAAA is run by a committee of volunteers for members of the local community. Having an allotment is an excellent way of getting your daily exercise whilst growing healthy food for the table, so why not give it a go?



We have a small number of full (250m2) and half (125m2) plots available and there is water on site.

To find out more about the allotments or to check plot availability please email Rebecca at bataaa@hotmail.co.uk or ring Roy on 01379 854868.

Ralph Gardner 1936-2026 A True Brockdish Boy

Ralph was born in a cottage which is now demolished in Common Lane. His family then went to move up to No. 14 Scole Road when there were just 16 new properties built. He went to Brockdish School, and after leaving at the age of 15, went to work for Albert Strange, the builder based on the corner of The Street and Common Lane.

Later, he was called up to do his National Service, where he served in Cyprus. Returning home with his father he then went to work at Chitty's of Diss, the garage in Mere Street. He then went to work on the Box Factory in Pulham St Mary until his retirement. Unfortunately over the last two years he had been in poor health, but managed to remain in his own home.



Quiz Night **Saturday 11th July 2026** **Brockdish Village Hall** **7.30pm for 8.00pm start**



All proceeds towards Brockdish Church

Please call Peter Croxson (tel 668630) to reserve a table

- £5 per person
- Teams of up to 6 people
- Light supper
- Bring your own alcohol



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- Weekly members outings throughout the year
- Group hires for not-for-profit organisations

To book or for more information please call 01379 854800 or visit our website www.borderhoppa.org.

Borderhoppa Outings for June 2026

- Monday 1st June: Great Yarmouth - £20.00
- Monday 8th June: Lidl and Harleston Town - Dial-a-Ride
- Thursday 11th June: Stonham Barns - £15.00
- Monday 15th June: The Four Horseshoes, Thornham – Dial-a-Ride
- Thursday 18th June: Southwold - £20.00
- Monday 22nd June: Waitrose Café and Wymondham Garden Centre - £15.00
- Monday 29th June: Stowmarket - £15.00

Borderhoppa Outings for July 2026

- Thursday 2nd July: The Foundry Garden Centre, Tasburgh - £10.00
- Monday 6th July: Breakfast at Stoke Ash White Horse – Dial-a-ride
- Wednesday 8th July: Bury Market Day (Long Stratton and Pulham areas) - £18.00
- Thursday 9th July: Tea and Cakes at Dutch Barn Nursery, Blo Norton – Dial-a-ride
- Monday 13th July: Highway Garden and Leisure - £15.00
- Wednesday 15th July: Bury Market Day (Harleston and Eye areas) - £18.00
- Thursday 16th July: B&M and Beccles Town Centre - £15.00
- Monday 20th July: Lowestoft, Dunelm and Town or Seafront - £20.00
- Thursday 23rd July: Wroxham - £18.00
- Monday 27th July: Sheringham - £25.00
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Tails from the Village Hall



The Village Hall has been a little hive of activity recently, with the table top sale, Mary Newton and her talk about her career as a forensic scientist, and the first of the Pickleball taster sessions with 8 attendees. Bar nights have been well attended and plans are afoot for the summer.

Bar Opening days/times:

- **Sunday 7th June** we are having a bar afternoon. This will be open from 3.00pm to 6.00pm and we are welcoming families – please join us.
- **Saturday 13th and Saturday 27th June** will be over-18 bar nights, from 7.00pm to 10.00pm.
- **Sunday 5th July** is the 22nd Annual Ladies' Tractor Road Run. The Hall will be open from 11.00am to 3.00pm for drinks, teas, coffees, snacks, toilets, and shelter from whatever weather gets thrown at us. Please come and join us and support the Village Hall AND the Pink Ladies.
- **Saturday 8th August** will be an over-18 bar night from 7.00pm to 10.00pm.

Church Quiz Nights 2026: 11th July, 5th September, 7th November

(tables of up to 6, light supper included, please bring your own drinks,
8.00pm start, £5 per person)

Brass Band Concerts 2026: Tuesday 1st December 7.30pm

For any of these please speak to Peter Croxson on 01379 668630

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Tails from the Village Hall



Don't forget the Village Hall is home to:

- Monday Minglers: play cards, games or just chat and have a cup of tea and a biscuit. £1 per session. Mondays 2.00pm – 4.00pm.
- Art Club: Wednesday morning 10.00am – 12.00pm.
- Badminton: Wednesday afternoon 3.00pm – 4.00pm and 5.00pm – 6.00pm. £2.50 per game or £7.50 for the whole month. Contact Carol on castagnetti@btinternet.com.
- Zumba Gold & Zumba: Wednesday evening 6.30pm onwards - contact Sue on 07771 745917 or email info@cosmicfunfitness.co.uk.
- Yoga: Thursday morning 10.00am for one hour. Contact Bee on 07856 216735 or email belindadalla@yahoo.co.uk, £8 per class.
- Carpet Bowls: Thursday 7.15pm for a 7.30pm start.
- Crafty Bombers: Last Sunday of every month (but please check with Jo on jogslater@hotmail.com, as this sometimes changes).

Follow the comings and goings at the Village Hall on Instagram @brockdishvillagehall or on Facebook "Brockdish Village Hall" and please note the Village Hall is a (well behaved) dog/owner friendly zone. See you next time!

The Village Mice

PICKLEBALL CLUB

BROCKDISH VILLAGE HALL

BEGINNERS CLUB COMING SOON
CONTACT CLARE 07942674202

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**Tamara Adams
Thorpe Abbots
07946849194**

adamstamara145@gmail.com

want to be a
**Monday
Mingler**

**then come along to
Brockdish Village Hall
Monday afternoons
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Scrabble, Mexican Train, Canasta,
Rummikub, jigsaws or anything you fancy
OR just chat and have a cup of tea.

£1.00 a person per week

**Arts & Crafts
AT BROCKDISH**

Would you like to join a friendly group
which meets every Wednesday
at 10.00 till 12.30 in
Brockdish Village Hall IP21 4JL

We are looking for new members
to widen our range of activities
from art to embroidery to calligraphy
to anything you enjoy.



We pay £5 a session (1st one free)
Do come along for coffee and a chat
you will be very welcome.

For more information contact Jane 07776 382026

Throwing a Party?

**Brockdish Village Hall
is available to hire!**

**Also available to hire
from the Hall are:**

- Tables and chairs
- Cutlery
- Crockery

Contact Lisa Poole on 668416



News from Thorpe Abbots Village Hall

It is hard to believe that we are almost half-way through the year, and the Committee continues to focus on offering new events and activities for the forthcoming months with the highlight being **Thorpe Abbots Folk Day on Saturday, August 8th starting at 12:00 pm.**



Coffee Morning and Pop Up Museum, Thursday, June 4th - an all day event

Thorpe Abbots Pop Up Museum will be part of the monthly Coffee Morning on June 4th starting at 10:30 am - 12:00 pm, 2:00 - 4:00 pm and then 6:00 - 8:00 pm. This is a one-day exhibition which will offer something different to come along to and will include items from Gary Alderton's personal collection. Come along and learn about the village and the surrounding area from fossils to present day artifacts. Perhaps you have something you can add to the exhibition. If so do contact Gary on 01379 668537.



Thorpe Abbots Quiz Saturday June 13th, 7.00 pm In aid of the Village Hall Funds

"Two people are born at the same moment, but they have different birthdays. How can this be?" This will be one of the questions at the quiz! You've got time to find the answer and win a prize! Tables of Six - £ 5 per person. Please book by emailing Carol Hitchman at carolhitchman17@gmail.com. The Bar will be open with snacks and nibbles!



Thorpe Abbots Folk Day Saturday August 8th, 12:00-5pm

Do come along and join us on the First Thorpe Abbots Folk Day. There will be lots to see and listen to along with craft stalls and activities for children. Cost: £ 5.00 per adult and children under 16 are free.

For further information about what's going on in Thorpe Abbots, please see our Monthly Newsletter which also includes Billingford and Langmere.

What's on June and July at Wingfield Barns



WINGFIELD BARNS

Art Exhibitions (Free, Mon–Sat 10am–3pm)

- 4th – 27th June: Liam Hennessy, Pathways. Private View 4th June 6.00 – 8.00pm. Layered works explore rhythm and balance through map-like compositions.
- 8th – 19th June: Heritage Pargetting, Fresco, Sgraffito & Stucco Exhibition. Private View 10th June 6.30-8.30pm. This heritage exhibition celebrates the artistry of traditional plasterwork.
- 2nd – 25th July: Eileen Coxen, Harvesting Memories. Private View: 2nd July 6.00 – 8.00pm. A semi-abstract exploration of landscapes, balancing beauty with modern agriculture.
- 30th July – 29th August: MINI PRINT INTERNATIONAL 2026. Private View 31st July 6.00 – 8.00pm. A unique annual exhibition of original prints by artists from around the world.
- 30th July – 13th August: NEW MINI PRINT Schools 2026. Private View 31st July 6.00 – 8.00pm. Local schools will be taking part by creating and exhibiting their own mini print projects.

Live Music

- 6th June, 7.30pm: Sonic Wave: Orchestra of Samples & Time Fracture (Tickets £15). Orchestra of Samples is a global music performance by Addictive TV blending diverse musicians, instruments, and visuals into a celebration of cultural connection.
- 4th July, 7.30pm: Arthur and Kerran Controlled Burn Tour (Tickets £14). A high-energy folk duo blending traditional roots with modern flair, delivering foot-stomping tunes, rich harmonies, and infectious charm.
- 10th July, 7.30pm: Village Voices Summer Evening (Tickets £10). An evening of song and poetry celebrating summer and nature.
- 18th July, 7.30pm: Classical Concert; Orlando Grant & Marcello Palazzo (Tickets £15). Music by Schumann and Schubert exploring love, longing and solitude.
- 25th July, 7.30pm: Lost and Found Musical Performance (Tickets £12). An uplifting evening of songs, storytelling, and warm, singalong music.

What's on June and July at Wingfield Barns

Theatre

- 12th June, 7.30pm: Never-2-late.com by Charmed Life Productions (Tickets £14). Never-2-late.com is a witty, poignant drama about a late-life romance that sparks family panic and questions whether love—or deception—is really at play.
- 14th June, 3.00pm: Northanger Abbey by Jane Austen by Moving Parts Theatre Company (Tickets £20). Our first of four outside summer theatre shows.
- 17th July, 7.30pm: The Pickwick Papers by Open Air Theatre (Tickets £17). Our second of four outside summer theatre shows.

Special Events & Workshops

- 13th June, 7.30pm: Summer Quiz (£5pp inc. nibbles) Teams of 4–6. Bar open.
- 16th June / 21st July: Rural Coffee Caravan 10.00am - 12.00pm, free.
- 18th June, 7.30pm: Classic Cinema – Playtime, Jacques Tati (1967), Tickets £5.
- 20th June, 6.30pm: Adnams Wine Tasting; Old World vs New World, £20pp inc. nibbles.

Booking & Information: 01379 384505 or book via www.wingfieldbarns.com. Email: office.manager@wingfieldbarns.co.uk.



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Thorpe Abbots Airfield during WW2



A talk by Ron Batley and Reg Wilson
from the Thorpe Abbots 100th Bomb
Group Museum (including some
original film footage)

Saturday 20th June
Thorpe Abbots Village Hall
7.00pm for 7.30pm
Admission £5
Bar available

Happy Earth Day

We've shampooed the oceans and dusted the trees
We've vacuumed the mountains and cleaned out the breeze
Everything is ready for a party so grand
But a party won't fix what's been done to the land.
So here's a reminder, please carry it well,
A message so simple, so easy to tell...
You must look after EARTH.
You must fuss over her,
For there isn't a second a third, or a spare.
There's only ONE Earth...
...and she's precious and rare...
Please handle with care.



This poem was sent in by one of our readers.



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Events for June and July

- **Saturday 20th June, 9.00am - 12.00pm: The Annual Brockdish Garage Sale.** Stalls in your garage £7, in the Hall £10. Breakfast BBQ and café.
- **Wednesday 24th June, 7.30pm: A talk by Norma Howell, 'Medical Detection Dogs'.** How this charity trains dogs to save lives.
- **Friday 3rd July, 7.30pm: A musical evening with a difference with Chanters Jigge.** 600 years of street music played on instruments of old, to include facts and anecdotes of the time. £10 entry. This is a bookable event, details below to book your tickets or book via the website. Licensed bar.
- **Wednesday 29th July, 7.30pm: A talk by Stephen Poulter, 'Norfolk's Lost Heritage' (Part 2).**

Both the Wireless Museum and Museum of Memories will be open only on the last Sunday of each month, 10.30 am - 3.00 pm.

No need to book for talks, just turn up. For further information phone 01379 669359 or email waveneyheritagecio@gmail.com. £4.00 members, £5.00 non-members (talks only). Tea/coffee and cakes always served,

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Syleham and Wingfield Village Hall IP21 4LT

Pop in to the bar each Tuesday and Friday from 8pm - Darts, books, board games, pool are always available. Tuesday there's usually some card players, swing dancers - just casual, not classes. Fridays, as well as regular activities, but all are welcome to play darts or pool too.

June 2026

- Tuesday 2nd June: Coffee and Cake, 10.00am - 11.30am.
- Saturday 6th June: we're supporting the village fete, 1.00pm - 5.00pm on J's Meadow, in aid of Syleham & Wingfield Churches.
- Wednesday 10th June: 'Strummers' live music, 1.30pm - 4.00pm donation to Dementia UK, all ages very welcome.
- Thursday 11th June: Jigsaw and Chat, 1.30pm to 3.30pm.
- Friday 12th June: Purplestar Karaoke, free entry, raffle, 8.00pm.
- Thursday 18th June: J's Meadow get-together, 10.00am - 12.00pm.
- Friday 19th June: Quiz for Eye Opportunity Group, 7.30pm for 8.00pm.
- Saturday 20th June: Strawberry Cream Tea for EAAA, 2.00pm - 4.00pm.
- Thursday 25th June: Coffee, Craft, Chat, 1.30pm - 3.00pm.
- Friday 26th June: Bingo for Pink Ladies Tractor Run/Breast Cancer, 7.45pm.

July 2026

- Friday 3rd July: Open Mic, free entry, 8.00pm.
- Saturday 4th July: Family BBQ on J's Meadow opposite the Village Hall, music, food from 5.00pm.
- Tuesday 7th July: Coffee and Cake, 10.00am - 11.30am.
- Wednesday 8th July: Theatre 'It comes in waves', 7.30pm, £12, book via Eastern Angles website. 'It Comes In Waves' is a big-hearted community-spirited coastal comedy drama that laughs in the face of loss, explores how grief comes in waves and asks how we can help each other to stay afloat when it hits."
- Thursday 9th July: Jigsaw and chat, 1.30pm to 3.30pm.
- Friday 10th July: Purplestar Karaoke, free entry, raffle, 8.00pm.
- Wednesday 15th July: Stan Young + friends, live music, 2.00pm - 4.00pm, £5 tickets on the door, all ages very welcome.
- Thursday 16th July: J's Meadow get together 10.00am - 12.00pm.
- Friday 17th & Saturday 18th July: Knockout Pool tournament – in aid of EAAA, drop in to find out more.
- Thursday 30th July: Coffee, Craft, Chat, 1.30pm - 3.00pm.
- Friday 31st July: Bingo in aid of Eye Opportunity Group, 7.45pm.
- Tuesday 4th August: Coffee and Cake, 10.00am - 11.30am.

For more info text or email Julie 07929794636, juliethompson435@gmail.com.



MONDAY - FRIDAY 7.30AM - 5PM
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A word from Rosedale Bereavement Support

Bereavement and anger

Along with many other strong emotions, anger can be something that those who are bereaved struggle to process. Anger can be felt within the body in physical symptoms such as tension headaches, tight and aching muscles and joints. We may feel irritable and lash out at those closest to us.

I am sure we can all recall being on the receiving end of someone's anger and having no clue as to what we had done to deserve it! From time to time, we all experience strong feelings that we release at the wrong moment towards the wrong person.

Grieving is a complex, confusing process. One minute we can feel desperately lonely, crying uncontrollably with sadness, the next, experiencing gut-wrenching feelings of rage.

We may feel angry at the unfairness of our loved one's death and cheated out of a future we had planned. Many people feel angry towards the person who has died because they have been left behind to carry on without them. This can lead to feelings of guilt and shame for feeling this way. Anger often accompanies blame.



A word from Rosedale Bereavement Support

When we are grieving it is important to be kind to ourselves. Anger that is suppressed or denied becomes internalised and can often lead to depression. Working through our anger is an important part of the grief process.

There are also practical things we can do to help release anger such as:

- Writing a letter to those we are angry with (we may decide not to send it!) many people find it therapeutic to rip up such letters or burn them in the fire.
- Physical activities can also help, such as running, walking, gardening, shouting in the shower or punching a pillow!
- Writing difficult feelings in a private journal can also be beneficial.

A state of acceptance is not easy to achieve, but it can be the way forwards. Practicing forgiveness and choosing to let go of anger is a daily process for many of us.

Things I can control

- How I act /what I say
- How I react /what I do
- How I look after myself
- How I treat others
- How I decide to live my life

Things I can't control

- Unforeseen events/death, illness
- Wars/ global unrest etc
- Other people's behaviour
- Events that have already happened
- Injustice in the world

If you've been bereaved (recently or in the past) and would like to join one of Rosedale's Bereavement Support Groups, please call 01379 640 810 to reserve your free place. All groups are free and confidential.

This article was written by Sarah Howard, Rosedale Funeral Home Bereavement Support Group Facilitator



The Book Club recommends...

Thank you once again to Sam Lebbon for this edition's review. If you have read a page-turner recently that you would like to recommend, please send us a review.

'Why We Die' **by Venki Ramakrishnan**

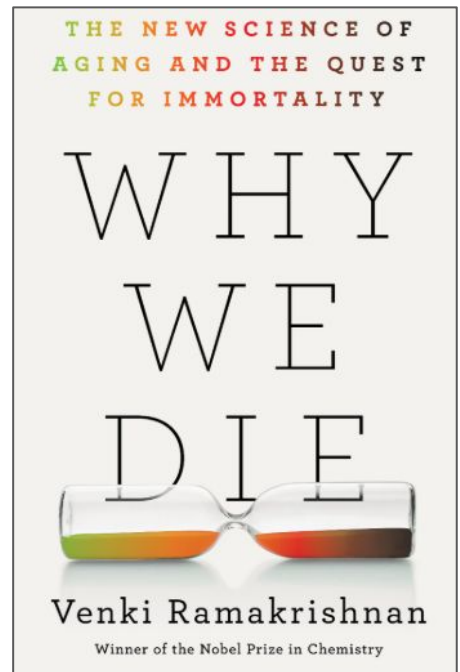
As a Science Teacher, it is natural that many books I am gifted at Christmas and Birthdays tend to have a science theme. That was the case this last Christmas where I was gifted a book rather ominously titled 'Why we die'.

In *Why We Die*, Venki Ramakrishnan, Nobel Prize-winning structural biologist and former President of the Royal Society turns his attention to one of humanity's oldest and most uncomfortable questions: why ageing happens at all.

What makes the book especially engaging is its balance. While some popular science writing can drift into breathless optimism about "curing" ageing, Ramakrishnan remains measured and sceptical. He carefully distinguishes between extending lifespan and extending healthspan, and he questions the bold claims made by parts of the longevity industry. The result is refreshingly grounded: hopeful about scientific progress, yet realistic about its limits.

There is also a subtle philosophical thread running through the science. If ageing is deeply embedded in the biology of multicellular life, what would it mean to significantly alter it? Would dramatically longer lives reshape society in ways we have scarcely considered? Ramakrishnan does not offer easy answers, but he invites readers to think carefully about the ethical and social consequences of tampering with something so fundamental.

For anyone with an interest in biology, or simply curiosity about the mechanisms that shape our lives from birth to death, *Why We Die* is a stimulating and thought-provoking read. It manages to be rigorous without being dry, and profound without being portentous. A reminder, perhaps, that understanding mortality scientifically does not diminish its significance; it deepens it.



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Coming Unstuck
A short story by Paddy, Brockdish

I'd asked the general manager, Mr Bettinson, if I could be let off working on the meat and fish counters but he'd just said 'Do you want this job or not?' and walked off muttering about vegetarians being weird nutters. So, yes, I did need the job – bills to pay tra-a-la. And here it was! Meat counter day! Again. I'd been packing meat into plastic bags with Gary when the call came over the Tannoy 'Can a trained first-aider come to the warehouse door please'. So, I rip off layers of rubber gloves and the blood stained apron, dash to the general office, grab the green box with the white cross and leg it out back to the warehouse.

There's Frank, the assistant manager, standing in the big open doorway. "What's up?" I say.

"Are you the only one?" he says. "I don't suppose there's a bloke?"

"No, I'm the only one qualified except Bernard and he's off sick. Why? I'm quite strong you know if that's the problem, I've been chopping meat with a big cleaver all morning. I can hear someone's in pain. Should we be standing here chatting?"

"It's a bit delicate" says Frank. "Before we go any further, I've been asked to say – on pain of job loss – you've got to swear here and now on your life, that what you are about to see will go no further beyond these four walls".

"OK Frank".

"Swear!" I cross my fingers behind my back. "I swear! Now let's get going, you can explain on the way".

Frank says nothing. We trot over to the corner of the cavernous warehouse towards Frank's office, a portacabin raised up to first floor level with wooden steps. Low moans and strangled anguished cries are coming from behind the closed door. Frank pulls me up a few yards short.

"It's the general manager, Mr Bettinson. He's in my office. He's got his todger stuck in his zip."

I could feel my face crumple like a disgusted paper bag. "How come?"

"You don't need to know".

"I'm not going up there till you tell me".

"OK. He was disturbed by that stupid girl Shona – came in with some paperwork for me to sign. I'm normally down here within view but I'd just gone for a piss! Bettinson had had to zip up quick – he was with that young lass Julie from bakery. Shona won't say anything – I think she's too dim to know what was going on and I got both of them out of there quick. You'll have to go up, he was bleeding quite a lot".

More stifled cries of pain were coming from the portacabin. I could tell Frank was desperate to relieve himself of all. I stood my ground, "Go on".

Coming Unstuck

"Lunchtime about once a month, he gets me to bugger off but keep an eye out. I think he's working his way round all the lasses in the store if you ask me. Tells them they're up for a work review. Then suggests if they tell anyone they'll lose their job. He told me I might get a look in if I played my cards right - but some of those lasses – they're no older than my daughter!"

I look up towards the door, it suddenly feels like the North Face, like I'd need oxygen to get up there. "I'm not going in".

"But you've got to there's no-one else! He refuses to go to the hospital, says it will make it all too public."

"There was nothing on my training session about releasing todgers from zips. I imagine they thought we wouldn't come across it in the aisles of a supermarket. Here's the box, you'll have to do it."

He pushes it back. "It's not in my job description, I'm not trained! Suppose I ruin him for life!"

"Sounds like a good idea to me" I say. Frank winces. I almost feel sorry for him "OK, I have a plan. You ring for a taxi – just DO it Frank."

I thrust the box back into his hands. I reckon I have about ten minutes; that's how long taxis take to get here from the station where they line up more in hope than promise. I race back over to the meat department, grab my blood stained apron from the hook and leg it back to the warehouse. Frank's finished the phone call, says they'll be here in three.

"Right, you go up. Wrap this around him. When the taxi comes, shut him in the back and tell the driver to take him home. – you've got his address I presume - his wife can deal with him and I'd like to be a fly on the wall for that from all I hear about her. I'm going to wait over there behind those shelves to make sure it happens". Frank climbs the stairs. I wait. There is much shouting and more cries of pain.

Three minutes later the taxi arrives at the back entrance to the warehouse. The two men come slowly down the stairs. Mr Bettinson, bent over and seemingly in considerable pain, is wearing the blood stained apron. When he's finally in the taxi and away Frank turns and waves at me. "Remember you swore not to say anything!"

"I had me fingers crossed Frank so tough shit. Blood on your hands" I shout. "This isn't the end Frank, better go home and tell your wife not to expect a happy future because it's only going to get worse."

Frank stands there in his brown workman's coat like a sad sack. Sod the job, I think, the future's going to be quite interesting. I must go and find Julie and see how she is. Walking across the bleak concrete yard I see Shona lurking outside smoking a fag. She gives me the big thumbs up. I give her them back.

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Jokes

What is a goalkeeper's favourite snack?

Beans on post.

Why don't grasshoppers like football?

They prefer cricket.

What did the manager do when the pith became flooded?

He sent on the subs.

What do you call someone who stands inside goalposts and stops the ball rolling away? *Annette.*

**World Cup Quiz**

1. Who hosted and won the first ever World Cup in 1930?
2. Why was there no World Cup in 1942 or 1946?
3. Which nation was the first from Africa to compete in a World Cup?
4. Who is the only player to win three World Cups?
5. What colour was the ball in the 1966 World Cup final?
6. Who scored the 'Hand of God' goal against England in 1986?
7. Which nation has played in every single World Cup tournament?
8. Who is the all time leading goal scorer in World Cup history?
9. Who won the golden boot at the 2018 World Cup?
10. How many teams will compete in the 2026 World Cup?

Answers on page 33



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Our next sessions are:

- **Sunday 7th June**
Underwater worlds



To cover the costs of materials, we ask for a donation of £1 per child. Any crafty donations also gratefully received!

For any enquiries please contact Jo Slater
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Wednesday

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11am Zumba Gold-
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Hall

6.30pm Zumba
Gold
7.30 Zumba-
Brockdish Village
Hall

Thursday

10.30am Zumba
Gold- Wortwell
Community
Centre
6pm ZUMBA
GOLD (starts 9th
April)
7pm Zumba
Needham Village
Hall

Friday

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impact)
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Brockdish (inc.Thorpe Abbots) Parish Council

Chair: Christine MacKenzie (01379 668818)

Email: cllr.christine.mackenzie@brockdishandthorpeabbottsnorfolkparishes.gov.uk

Clerk: Teresa Hines (01379 308617)

Email: clerk@brockdishandthorpeabbottsnorfolkparishes.gov.uk

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Planning www.southnorfolkandbroadland.gov.uk/planning

Decisions: approved by SNC

- 2025/3928 Land North East of 6 The Street, Brockdish. Approval of matters reserved following outline application 2025/1102 for layout, scale, appearance, landscaping for Plot 1.

Buildings at Risk Register

- 37 The Street, Brockdish (ongoing). Continuing deterioration of the property has been referred back to the Compliance Officer at SNC. Ongoing discussions are taking place, currently under discussion re: repair notice and access to the building is required for a condition report.

At recent meetings we continue to discuss and monitor speeding vehicles/traffic calming, and flood related issues as well as designs for a new Brockdish Village Sign. We have also progressed and acted upon issues and problems which residents have brought to our attention or that Councillors have raised.

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Brockdish (inc.Thorpe Abbots) Parish Council

Both villages participated in the Big South Norfolk Litter Pick, thank you to all the litter pickers!



We currently have one vacancy. If you would like further information, then please contact Cllr MacKenzie (Chair) or the Clerk.

Dates of next scheduled meetings

Members of the public are most welcome to attend. Agenda posted on both village notice boards and websites prior to the meeting.

- Thursday 25th June 2026 7.00pm Thorpe Abbots Village Hall
- Tuesday 28th July 2026 7pm Brockdish Village Hall
- No scheduled meeting is held during August
- Thursday 24th September 2026 7pm Thorpe Abbots Village Hall

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Chicken Thigh, Courgette and Blackberry Traybake

As we welcome the glut from our veggie patches but the cupboards are overflowing with courgette chutney and blackberry jam, this is a tasty alternative to use up any surplus. A quick easy meal before heading out the door to watch the World Cup. Serve with crusty bread or rice/couscous for a more substantial meal. This recipe should serve 4.

Ingredients

1kg chicken thighs
2 courgettes, sliced 1cm diagonally
Half fennel bulb, sliced 1cm thick
Half garlic bulb, chopped
50g pitted olive (suggest kalamata)
Tarragon (to own preference)
1 tbsp olive oil
1 tsp brown sugar
80ml dry white wine
1tsp white wine vinegar
100g blackberries



Instructions

1. Heat the oven to 180°C/360°F.
2. Season the chicken thighs and cook in a large frying pan for 8-10 minutes until crisp and golden.
3. Meanwhile, toss the chopped courgettes, fennel, garlic, olives and tarragon (save some for serving) in an ovenproof dish with olive oil, sugar and season with salt and pepper.
4. Once cooked, add the chicken thighs and any pan juices to the courgette and fennel mixture. Pour over the wine and white wine vinegar, give a gentle stir and then add to the oven. Cook for 35 minutes.
5. Once cooked, add the blackberries to the dish and return to the oven for a final 10 minutes.

When cooked, add remaining chopped tarragon and serve immediately. Enjoy!

Answers to World Cup Quiz (page 32):

1. Uruguay; 2. Second World War; 3. Egypt (1934); 4. Pelé; 5. Bright Orange; 7. Brazil;
8. Miroslav Klose, 16 goals; 9. Harry Kane; 10. 48

Thorpe Abbots All Saints

Thank you to those who came and worked so hard to help the PCC to Spring Clean the Church. It looks really lovely.

On Saturday April 24th, we welcomed Station 366 to Thorpe Abbots Village Hall, where they entertained us with their 1940's swing music. Thorpe Abbots residents were joined by residents from many surrounding villages, and the evening was very much enjoyed by all. Thank you to everyone who came and supported this event.

Our next fundraising event is the following:

Thorpe Abbots Airfield during WW2

A talk by Ron Batley and Reg Wilson from the Thorpe Abbots 100th Bomb Group Museum (Including some original film footage)

Saturday 20th June
Thorpe Abbots Village Hall
7.00pm for 7.30pm start
Admission £5, Bar Available

Please come along.

Thorpe Abbots PCC

Brockdish Church

The merry month of May is over, and the summer season awaits. We look forward again to a time when we can enjoy the joys of nature in our gardens and surroundings.

In Brockdish, we are fortunate to be able to appreciate the abundance of wild flowers in our Churchyard, the trees and hedges provide continuity. A note of caution: we have noticed that, in the conservation area, there are several rabbit 'holes' and at least one much larger hole – please take care as you wander.

As well as the mature trees, we have had a variety of young trees donated, some in memory of a loved one. This can also be seen in our Church life, as well as those who have been faithful members of our Church for decades, there are several folk who have moved into the village more recently, bringing new life into our congregation. As I write this I notice there are several 'For Sale' signs in the village - perhaps part of the next chapter?

Sue Harvey

Church Contacts

Benefice Administrator
admin@7churches.org.uk

Mon to Fri 9.15am to 1pm
01379 851148
[Facebook.com/7churches.org.uk](https://www.facebook.com/7churches.org.uk)

Brockdish Church Warden

Ann Cork - 01379 668635

Thorpe Abbots Contact

Christine McDonald - 01379 669116

Church Service Times - June and July 2026

7th June	Brockdish 9.30am	Morning Prayer
14th June	Brockdish 9.30am	Holy Communion
	Thorpe Abbots 9.30am	Morning Prayer
21st June	Brockdish 9.30am	Morning Prayer
28th June	Brockdish 9.30am	Morning Prayer
5th July	Brockdish 9.30am	Morning Prayer
12th July	Brockdish 9.30am	Morning Prayer
	Thorpe Abbots 9.30am	Holy Communion
19th July	Brockdish 9.30am	Holy Communion
26th July	Brockdish 9.30am	Morning Prayer

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