



# THE *Mardler*

**BROCKDISH & THORPE ABBOTTS**



**Edition No. 253 October - November 2024**

**THE MARDLER is FREE and delivered to all  
houses in Brockdish and Thorpe Abbots**

**Also available on-line at [www.themardler.org.uk](http://www.themardler.org.uk)**

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*The views expressed in The Mardler are not necessarily those of the Editorial team. The Editor reserves the right to amend or alter any copy received.*

### BROCKDISH VILLAGE HALL TIMETABLE

Wednesday	Art group (10.00am) Badminton (3.00pm & 5.00pm)
Thursday	Yoga (10.15am) Tea Dance (1.30pm) Carpet Bowls (7.30pm)

From local events and history to Parish Council news, please look at the village website:

**[www.brockdishandthorpeabbotts.com](http://www.brockdishandthorpeabbotts.com)**

### ADVERTISING IN THE MARDLER

If you are interested in advertising, the current rates are £25 for ¼ page, £50 for ½ page and £100 for a full page, which covers the 6 issues from 1<sup>st</sup> April annually. The cost for less than 6 issues is £5 per issue for ¼ page, £10 per issue for ½ page and £20 for a full page. For further information please contact Judith Chambers, see above.

## Useful Contacts

<b>Harleston Surgery</b>	01379 853217
<b>Emergencies</b>	999
<b>Police</b> Harleston and Diss	101
<b>NHS Direct</b>	111
<b>Electricity Power Cuts</b>	105
<b>Gas Emergencies</b>	0800 111 999
<b>Anglian Water</b>	03457 145 145
<b>South Norfolk Council</b>	01508 533633
<b>Brockdish Village Hall</b> <i>Bookings Jan Blundell</i>	01379 668874
<b>Thorpe Abbots Village Hall</b> <i>Bookings Sarah McClusky</i>	07717737570
<b>Waveney Heritage Centre</b>	01379 668285
<b>Carpet Bowls Club</b> <i>Peter Croxson</i>	01379 668630
<b>Art Club</b> <i>Sue Hughes</i>	01379 855414
<b>Badminton</b> <i>Roger Woodrow</i>	01379 669016
<b>Yoga</b> <i>Belinda</i>	07856 216735
<b>South Norfolk District Councillor</b> <i>Clayton Hudson</i>	01379 676259
<b>South Norfolk County Councillor</b> <i>Martin Wilby</i>	01379 741504
<b>Parish Clerk</b> <i>Teresa Hines</i>	01379 308617
<b>South Norfolk Help Hub</b>	01508 533633 0845 269078
<b>Waveney Food Bank</b>	01379 870506

As the days grow shorter and the air takes on a crispness, we welcome the enchanting season of autumn here in our beloved Norfolk villages. The landscape transforms into a tapestry of vibrant reds, oranges, and yellows, offering a stunning backdrop for our community activities. This time of year invites us to embrace the beauty of nature as leaves dance to the ground and fields yield their harvest. Autumn is not just a season; it's a celebration of community and togetherness. From cosy evenings by the fire to markets brimming with seasonal produce, there's a palpable sense of warmth in our villages. We encourage everyone to take part in upcoming events, including our annual harvest festivals where as always, there will be an opportunity to support our local food bank. A reminder to all our readers that items for The Mardler must be received by the deadline below, or else they may not be published in the next issue.

***Rob Buck, Editor***

### **REMEMBER**

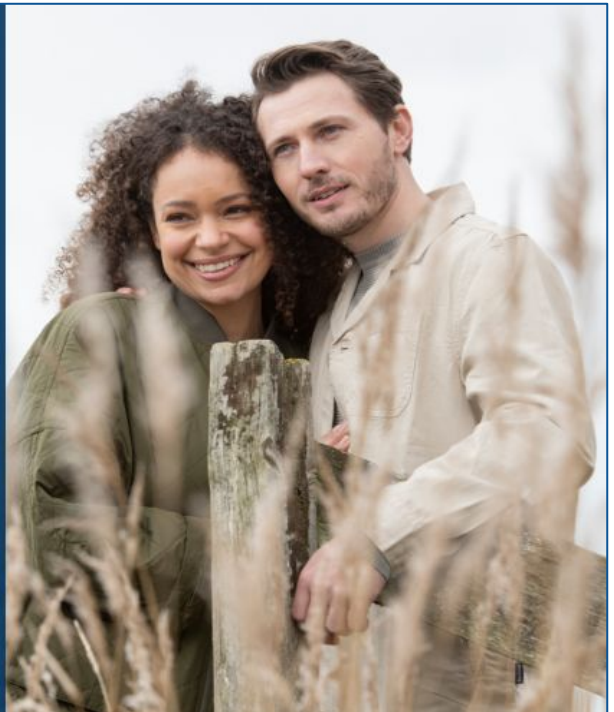
**Closing date for entries in the December 2024/January 2025 issue is Friday 1st November 2024. Articles received after this date will not be included in the next issue.**

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**Harleston Library**

<https://www.norfolk.gov.uk/article/40193/Harleston-Library>

A big thank you to all of you who supported our Heritage Open Days celebrations. So many of our customers contributed to our displays, producing some fantastic artwork. If you would like to see some examples of what we were up to then please check out our special Facebook page, [www.facebook.com/disssharlestonlongstratton](https://www.facebook.com/disssharlestonlongstratton), and look for Harleston Heritage Open Days.

On **Saturday 19<sup>th</sup> October at 2.00pm** we will be welcoming Stacey Whatling to our 'Meet the Author' event. Stacey's novel 'A Murderous Affair' is set in London, Blakeney, Southwold, Orford & Aldeburgh and is described as *"a scandalous, thrilling, and humorous tale written from a mistress's perspective which recounts her relationship, the changes in social and sexual habits around her and so much more."*

On **Wednesday 30<sup>th</sup> October from 2.30pm – 4.00pm** we will be celebrating Halloween with a whole host of fun family activities. No need to book, just drop in. Children must be accompanied by an adult.

**Dates for your Diary** *(all activities are free of charge with refreshments available)*

- Mondays 2.00pm-3.00pm: 'Just a Cuppa'. Come and join us for refreshment and lively conversation
- Mondays 3.30pm-4.30pm: LEGO Club
- Wednesday 2nd October 2.00pm–3.00pm: Meet & Make (Adults)
- Wednesday 2nd October 3.30pm-4.30pm: Family Time (Families)
- Wednesday 9th October 1.30pm-3.00pm: Knit, Stitch and Chat
- Wednesday 16th October 2.00pm–3.00pm: Meet & Make (Adults)
- Wednesday 16th October 3.30pm-4.30pm: Family Time (Families)
- **Saturday 19th October 2.00pm–3.00pm: Meet the Author - Stacey Whatling**
- Wednesday 23rd October 1.30pm-3.00pm: Knit, Stitch and Chat
- Wednesday 30th October 2.30pm-4.00pm: Halloween-themed family special

### **Bringing the Library to You**

Our Home Library Service delivers books and other media free of charge to people unable to get to their local library due to poor health, mobility issues, or caring responsibilities. To use this service please contact the Norfolk Library and Information Service on 0344 800 8020 or email [libraries@norfolk.gov.uk](mailto:libraries@norfolk.gov.uk).

To learn more about becoming a Norfolk Home Library Service Volunteer, please visit [royalvoluntaryservice.org.uk](http://royalvoluntaryservice.org.uk), call 01603 397998, or email [norfolkhl@sroyalvoluntaryservice.org.uk](mailto:norfolkhl@sroyalvoluntaryservice.org.uk).

### **Mobile Library**

Visits Brockdish and Thorpe Abbots every 4 weeks on a Thursday. Next visits are the **3rd October, 30th October and 28th November 2024**.

Stopping at:

- Brockdish Grove Road, 12.10 pm
- Thorpe Abbots, Mill Road (opposite Westview), 12.35 pm

### **Monday Minglers**

Monday Minglers are back from our summer break!

*Who are we?*

We are a mixed bunch, some play board or card games, some just drop in for a chat, and during the winter months we can guarantee a warm welcome.

*What happens?*

We meet between 2.00 pm and 4.00 pm on Monday afternoons - choose an activity or game. A variety of teas, coffee or cold drinks available, and who can resist a biscuit?

*Is it just for Brockdish residents?*

No! We also have people from Harleston, Scole, Wingfield and beyond.

*Are there any costs incurred?*

Just £1 to cover the cost of refreshments.

*Where can I join you?* Brockdish Village Hall.



# Handyperson+ Service



## Handyperson+ Service

The Handyperson+ service offers residents support with small household repairs and minor adaptations, along with advice on how to make your home safer and help you remain independent in your own home.

Visits are always arranged in advance with our friendly, named Handyperson, who will always arrive in a branded vehicle, uniform and carrying identification.

The handyperson is directly employed by the Council and thoroughly trained and vetted so you can welcome them into your home with confidence.

## Contact us:

Phone: 01508 505284

Email: [handyperson.snc@southnorfolkandbroadland.gov.uk](mailto:handyperson.snc@southnorfolkandbroadland.gov.uk)

Website: [www.southnorfolkandbroadland.gov.uk/HandypersonService](http://www.southnorfolkandbroadland.gov.uk/HandypersonService)







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**u3a Monthly Meetings – October 2024 to March 2025**

*All talks at 2pm at St John the Baptist Church, Harleston.*

**16th October 2024** Cheryl Lewis, a representative of the East Anglian Air Ambulance, will take you behind the scenes of this charity, which does such vital work in our area.

**20th November 2024** Stephen Poulter: "Needham: A Small Village with a Big History". Stephen will give a presentation on this local village which covers not only the history of Needham but also the lives of the people. Stephen's book will be available to purchase after the talk.

**11th December 2024** Christmas Social, to be confirmed (members only).

**15th January 2025** A talk by our Vice Chair, Trevor Scott (subject to be confirmed).

**19th February 2025** Ron French, a u3a Beccles member: "Fleeing the Red Terror" The flight of a wealthy young family from the depredation of Lenin's Red Terror.

**19th March 2025** Dr Ian Bedford, a retired Research Entomologist, will speak on the subject of "Garden Bugs: Cohabit, Control or Conserve?"

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### **New Local Owners of a 192-year-old Hardware Store**

Andrew and Michael of Crowe Hall in Brockdish have recently purchased the Diss hardware institution of Larter & Ford. This business began life as Aldridge Bros in 1832. It was sadly gutted by fire in 1938, but reopened again in 1940, under its new owners, Messrs Larter & Ford, at its current location at the bottom of Market Hill in Diss. There have only been 6 owners in its entire history, and Andrew and Michael look forward to taking it to its 200th anniversary and beyond.

Staying true to its roots, it sells everything from a single hook through to cleaning, homewares, cookware and DIY, all with exceptional customer service. It also offers a dry cleaning service provided by Linen Press in Beccles.

Keen to support their local community, Andrew and Michael are offering a 10% discount for readers of The Mardler, just mention at the till when you are in store.

If anyone has any old pictures and or memories of shopping there, we would love to hear from you. Oh, and it still has ‘that’ comforting smell, that traditional hardware stores have always had!

***Larter & Ford, 15 Market Hill, Diss, Norfolk, IP22 4JZ  
tel. 01379 642720***

### **Brockdish Village Hall**

We always welcome new users to our Village Hall. It is a great facility with a large hall, a committee room, a kitchen, and all that you would expect. You can also hire tables and chairs, crockery and cutlery, all at very reasonable charges.

Our present users include badminton, bowls, art and a ‘chat & games’ group, so if you are thinking of starting a group or organising an event then please give me a call.

***Jan Rodwell  
tel. 01379 668874***



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**Borderhoppa Outings for October 2024**

Mon 7th October: Cherry Lane Garden Centre - Fare £8.00  
Mon 14th October: Lunch at The Chip Inn, Long Stratton - Fare £8.00  
Thurs 17th October: Brunch at Wortham Tea Shop - Fare £8.00  
Mon 21st October: Foundry Plant Centre, Tasburgh - Fare £8.00  
Mon 28th October: The Range and lunch at The Copper Beech - Fare £18.00  
Thursday 31st October: Latham’s and lunch at Poppylands 1940s Tea Room, Horsey - Fare £20

To book or for more information please call 01379 854800 or visit our website [www.borderhoppa.org](http://www.borderhoppa.org).

**Bus Timetable: Simonds Countrylink Service - 81**

Stop	Diss to Beccles	Beccles to Diss
Thorpe Abbotts opp Village Hall Weekdays	08.05	15.45
Brockdish Village Hall Weekdays	08.10, 09.04, 10.04, 11.04, 12.04, 13.04, 14.04, 15.44, 16.44, 17.44	07.55, 09.30, 10.30, 11.30, 12.30, 13.30, 14.30, 15.40, 16.30, 17.10, 18.10
Brockdish Village Hall Saturdays	08.04, 09.04, 10.04, 11.04, 12.04, 13.04, 14.04, 15.04, 16.04, 17.44	08.30, 09.30, 10.30, 11.30, 12.30, 13.30, 14.30, 15.30, 16.30, 18.10

For more information please go to [www.simonds.co.uk](http://www.simonds.co.uk).



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## **Brockdish and Thorpe Abbots Allotment Association**

BATAAA is run by a committee of volunteers for members of the local community. Having an allotment is an excellent way of getting your daily exercise whilst growing healthy food for the table, so why not give it a go?



We have a small number of full (250m<sup>2</sup>) and half (125m<sup>2</sup>) plots available, and there is water on site.

To find out more about the allotments or to check plot availability please email Rebecca at [bataaa@hotmail.co.uk](mailto:bataaa@hotmail.co.uk) or ring Roy on 01379 854868.

## **Brockdish Carpet Bowls**

For the second year in a row we're competing in the Waveney Winter League, and we've just finished the summer competition too – it's all go! We came second in the winter league last year, and results are pending for the summer.

Roll-ups continue at Brockdish Village Hall most Thursday evenings (excluding home match nights) at 7.15pm for a 7.30 start. As ever, all are welcome, so come along and have a go!

**Peter Croxson**

**Chairman, 01379 668630**

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**Quiz Night**



**Saturday 9th November  
2024**

**Brockdish Village Hall  
7.30pm for 8pm start**

- £5 per person
- Teams up to 6 people
- Light supper
- Bring your own alcohol



*All proceeds towards Brockdish Church*  
Please call Jan Croxson (tel. 668630)  
to reserve a table

want to be a

**Monday  
Mingler**

then come along to  
**Brockdish Village Hall**  
**Monday afternoons**  
**2.00 pm 'til 4.00 pm**

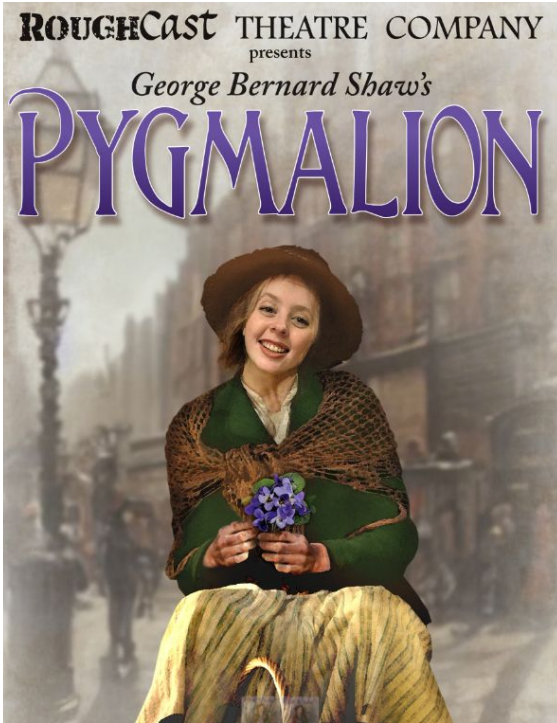
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**Next session**

**MONDAY 7th OCTOBER**

**£1.00 a person per week**

**RoughCast Tour of Pygmalion**  
**by George Bernard Shaw**  
**14th – 23rd November**



“Cherup Captin and buy a flower offa paw ger!” - thus begins the story of Eliza Doolittle who is taken under the wing of Professor Henry Higgins, a linguistic expert. He has made a bet that within six months he can transform the scruffy, Cockney girl into a 'proper lady' and pass her off as a Duchess. As Eliza undergoes a gruelling and often humiliating process of education, she begins to challenge Higgins' assumptions about class and gender, and in doing so, discovers her own strength and place in society. A funny, moving story, later transformed into the musical hit 'My Fair Lady'.

- 14th November: The Cut, Halesworth
- 15th November: The Fisher Theatre, Bungay
- 16th November: Laxfield Village Hall
- 20th November: Beccles Public Hall
- 21st November: Diss Corn Hall
- 22nd/23rd November: Wingfield Barns

**Tickets £12/£6 students.**

**All performances start 7.30pm.**

**For further information visit [www.roughcast.co.uk](http://www.roughcast.co.uk) or tel 01379 586745**

## Thorpe Abbots Village Hall

“It was without doubt a wonderful day”. This is the sentiment that has been expressed by so many residents and visitors to the village on August 10th at our “Masters of the Air” Event. With £2782.49 raised for the Village Hall, there were so many memorable moments which made the day a very special one.

A huge thank you needs to go to everyone who was involved in some way, whether preparing for the event or coming along to join in the fun. Over 250 burgers and 150 sausages were eaten, donations of raffle prizes just kept coming and the cake-bakers of the village were in fine form.

Thorpe Abbots has a lot to be proud of and none more so than its history, particularly in relation to WW2. Our visitors came largely from our local villages but we were privileged to have a former resident, John Taylor whose father Hubert was in the Home Guard, join us from Scotland. John’s rich knowledge about the village was impressive and hopefully he will return again in the near future,

Words can say only so much and hopefully the selection of photos from the day will give a flavour of what great fun it all was!



## Thorpe Abbots Village Hall



The Events team within the Village Hall Committee will be looking through all the recent surveys that were undertaken to put together a programme of future events and activities but as an early “Heads Up” here are the dates for the Christmas Festivities:

Christmas begins in the Village **Saturday December 7th**

Christmas begins at the Church **Sunday December 8th**

## **DWS**

### **FENCING AND GARDEN MAINTENANCE**

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## **Waveney Volunteers for Nature**

We are now two years old, and our second Annual General Meeting will be on 29th October at the Waveney Heritage Centre at 7.00 pm. Last year, our AGM was a great success and we hope it will be equally interesting this year. We would be delighted to see you there.



Our regular working parties are usually on a Monday but we have now decided that once a month we will hold a working party on a Saturday. This will allow anyone with a Monday to Friday job to join in. So if you would like to join our happy band of volunteers doing our bit for wildlife then just let us know.

On 13th October we have an event which you are all welcome to join. It's a course on smartphone photography to be held on Foredale Common, next to the Waveney Heritage Centre. It will be run by Lucy Kayne, an experienced photographer. The theme is "Autumn on the Common" and the aim is to improve on the use of smartphones for photography. It will last from 10.00 am till 2.00 pm. The cost will be £50, payable in advance, so if you are interested just let us know.

Finally, we're pleased to let you know that we have had a very positive meeting with our new MP, Adrian Ramsay, who is supporting us with our aim to see the Brockdish old school playing field used as an 'open air classroom'. Our aim is to create a wildlife reserve adjoining Foredale Common, and involve schools and others in the work so that we increase knowledge and awareness of our natural environment, as well as extend public access. We already have the support of the Parish Council, District Council, our own County Councillor, Norfolk Wildlife Trust and many others, so support from our MP is very welcome. It only needs the County Council to 'play ball' now!

If you need information about any of the above, or want to join us please contact us at [WVfNature@protonmail.com](mailto:WVfNature@protonmail.com).

***Derek Clark***



**WAVENEY  
WIRELESS**

*Waveney Heritage Centre, The Old School, Grove Road, Brockdish IP21 4JP Registered Charity No.1192646*

## **Events List: October to December**

### **Please Note:**

**Change of date of Waveney Heritage Quiz at Brockdish Village Hall to Friday, 4<sup>th</sup> October starting at 7.30 pm.**

**Wednesday, 16th October, 7.30pm: a talk by Derek Clarke and the WVfN. 'Rescue and Recovery of the Brockdish Commons'.**

**Sunday, 17th November, 10.30am to 2.00pm: CHRISTMAS CRAFT FAIR.**  
a huge range of Christmas gifts, Refreshments and BBQ.

**Wednesday, 20th November, 7.30pm: a talk by Clive Attwood. 'I was a £10 Pom!'**

A reminder that our Radio Museum is open on the 2nd and last Sundays of each month, 10.00am to 3.00pm.

We look forward to seeing you there.

***Jill Edwards***



## **QUIZ NIGHT**

*Run by and in aid of*

**Waveney Heritage Centre**

**Brockdish Village Hall**

**Friday 4th October, 7.30pm start**

**£5 per person to include a light supper**

**Golden ticket**

**Raffle prizes to be won**

**Maximum 6 per team**

**Contact Jill Edwards to book 01379 671459**



***Bring  
your own  
drink!***

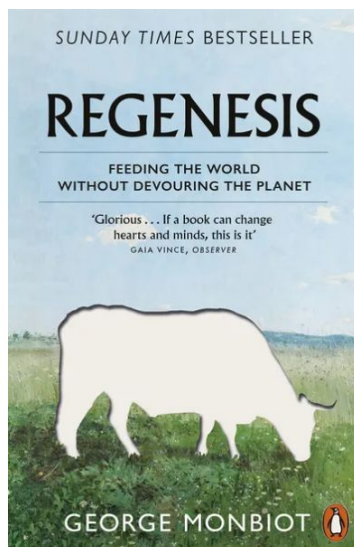
## The Book Club recommends...

### ***Regenesi* by George Monbiot**

*Reviewed by Derek Clark*

This is a book about how the world feeds itself, about rapidly developing problems and about a solution. Dry it is not. From the start, when George digs up a half spit of earth and analyses it forensically, it's as good as any science fiction. But there's a purpose to it: his solution lies in the soil, one of the richest ecosystems on Earth. There is an extensive review of our present food production system and the looming problems, all presented with riveting facts and some humour. His exposure of the world's food production system, controlled by just a few organisations and trade routes, explains how vulnerable we are to events - just as the recent glitch in a computer system caused world-wide deadlock. Then he looks at what agriculture is doing to the soil; compacting it, over-draining it, and killing it with chemicals, so that even weeds are becoming immune to herbicides. As to the production of 66 million chickens a year, and the pollution that it causes he's absolutely scathing. This explains a large part of the problem we now see in a dying River Waveney. The problems of the ever increasing land take for products like soya and palm oil are his next worry, including, for example, the unexpected consequences of clearing the Amazon forests which now results in a 9000 mile belt of seaweed from the Gulf of Mexico to the west coast of Africa.

But the mood lightens as George visits farms where methods of old are being revisited with great success. Then he moves on to bacteria. There is an account of the the process to produce microbial protein and his reaction to eating his first pancake made with what amounts to a new form of flour. He convincingly reasons how this could replace farming as we know it and allow the planet to return largely to a wild state with much of our excess carbon reabsorbed. The argument is also well made that if we were starting from now we would certainly not design the food production system that we have today. But then we know people don't like change, so it will take a lot of creative chefs to produce food made from microbial protein that we all can accept and enjoy. Although, if you already eat cheese or yoghurt you are halfway there! It's worth a read.



## Conundrum - best use a calculator!

Choose a number from 1-9. Multiply 37037 by the number you chose. Multiply the result by 3. Now you will have a number in which every digit is the same as your original number.

## Word Fun

1. What is special about this sentence? 'Jackdaws love my big sphinx of quartz'
2. And this one: 'Was it a car or a cat I saw?'

Answers on page 28

## Jokes

What do Bunny Rabbits drive? *A hutchback*

How does a Frog feel with a broken leg? *Unhoppy*

What's made of leather and sounds like a sneeze? *A shoe*

Why is the letter A like a flower? *A B comes after it*





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**A message from Councillor Martin Wilby**

Congratulations to everyone that was involved with organising the “Masters of the Air” day in Thorpe Abbotts. It was the perfect day, one of those days that you will always remember. Well done to you all.

All Town and Parish Councils across the county have been contacted by NCC with details regarding our popular Parish Partnership Scheme which has been running for the last ten years. The County Council has provisionally allocated £300,000 on a 50/50 basis. There is an upper limit on NCC funding support of £25,000 to fund schemes put forward by Town and Parish Councils to deliver projects that are priorities for local communities. We are particularly keen to encourage and support first-time bids. Acceptable schemes for funding would be: small lengths of formal footway, trods (a simplified and low-cost footway), improved crossing facilities, improvements to Public Rights of Way, flashing signs to tackle speeding (Speed Awareness Mobile Signs SAM2), part-time 20mph signs with flashing warning lights outside schools, new bus shelters or shelter lighting, and electric vehicle charging points.

Recent road safety figures shows that 42% of all driver-related traffic incidents in Norfolk are caused by driver distraction and a loss of concentration at the wheel. To help influence driver behaviour and enable more people to travel to their destinations safely, Norfolk County Council Public Health’s Safety team have partnered with Driver iQ, Norfolk Police, Norfolk Fire and Rescue, East of England Ambulance Service and experts in behaviour change to launch a Stay Focused Campaign, offering businesses and drivers to free online training, and resources to improve focus whilst driving. The Stay Focused resources are available at [www.norfolk.gov.uk/stayfocused](http://www.norfolk.gov.uk/stayfocused), and show you how you can train your brain to keep your mind alert whilst driving. It includes a quiz developed by the Open University to test how focused you are when you drive.

Bus passenger figures continue to rise across Norfolk. Latest figures from bus operators across Norfolk show that the number of passengers has increased by 12% for the first quarter of this financial year. There were more than 6.9 million journeys taken by bus during April, May and June 2024 compared to 6.1 million for the same period in 2023. This follows the figures released in April, which confirmed an annual rise of 16% for April 2023 to March 2024. It is now two years since NCC received £49.55 m of funding from the DfT to improve bus services across the county and increase number of journeys made by bus.



### A message from Councillor Martin Wilby

Great Yarmouth's Herring Bridge has scooped a national award. Herring Bridge, which was constructed by BAM Farrans Joint Venture for NCC has won Road Bridge of the year at the inaugural New Civil Engineer Bridges Awards. Herring Bridge, Great Yarmouth's third river crossing, is a nationally significant infrastructure project, designed to ease traffic congestion, improve journey reliability and generate investment and regeneration in the town and wider borough. The Road Bridge Project of the Year sought to recognise excellence in new build or major road refurbishment project in the UK, in the last year.

Now that the bird nesting season has finished may I remind people to cut their trees and hedges back that are growing into the highway and over public footpaths, which will improve the safety for everyone.

Best Wishes

**Martin**



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**Brockdish and Thorpe Abbots Parish Council*****Chairman: Christine Mackenzie (01379 668818)******Clerk: Teresa Hines (01379 308617)******Email: [brockdishthorpeabbottspc@gmail.com](mailto:brockdishthorpeabbottspc@gmail.com)***

We currently have one Councillor vacancy (voluntary role). For further information please email [brockdishthorpeabbottspc@gmail.com](mailto:brockdishthorpeabbottspc@gmail.com).

**Planning ([www.southnorfolkandbroadland.gov.uk/planning](http://www.southnorfolkandbroadland.gov.uk/planning))****Applications: pending decision**

- **2024/2262** 54a The Street, Brockdish. Demolition of existing rear covered patio area to garden room.
- **2024/2293** Agricultural Building south of Hilltop Farm, Hall Road, Brockdish. Demolition of existing agricultural building with part Q approval and erection of new replacement dwelling and garage with additional residential garden land.
- **2024/2417** 45 The Street, Brockdish. Two storey rear extension and associated internal alterations.

**Diary Date:** The Christmas Lights Switch On event will take place in both villages on Saturday 7th December.

**Dates of next scheduled meetings:** Members of the public are most welcome to attend. Agenda posted on both village notice boards prior to the meeting.

- Thursday 31st October 2024, 7.00pm at WHC, Brockdish
- Thursday 28th November 2024, 7.00pm at Thorpe Abbots Village Hall
- No scheduled meeting is held during December





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### **Jobs for Autumn**



- Help your pumpkins ripen by supporting them on bricks.
- Store harvested apples in a cool place, 3-7°C
- Prune blackberries, cutting out all the fruited canes, and tie in new growth.
- Move evergreen shrubs, divide summer flowering perennials, sow broad beans.
- Cut down the foliage of Jerusalem artichokes to 8cm stumps. As they tend to spread divide if necessary
- Bring in your root veg. Carrots and beetroot should be layered in moist sand and stored in a cool dark frost free place
- Plant Autumn onions
- Wildlife in the garden enjoy windfalls, but remove them from the lawn. Try not to cut down seed heads. Ivy flowering this time of the year is a useful late source of nectar for pollinators. Rowan and hazel produce food for wildlife, and autumn is the time to plant them. Make home for wildlife by putting up nest and insect boxes.

### **Brockdish Speeding Report Summer 2024**

#### **Dates for which speeds were recorded**

- 22/06/24-07/07/24 Grove Road
- 07/07/24-28/07/24 Scole Road
- 28/07/24-16/08/24 Outside Pub

#### **Data 11/06/24-14/08/24**

- Total Number of Cars: 20,966
- Those Travelling over 30 = 6375 (30.40%)
- Those Travelling over 40 = 720
- Those Travelling over Over 50 = 44
- Of note, 1 car travelling at 65-70, 2 at 60-65 and 33 at 50-55.

## **Knit a Poppy for the Royal British Legion**

Many of you will have seen the knitted displays on top of Thorpe Abbots post box, or the wonderful sea of knitted poppies that adorns Dickleburgh Church at this time of year. This Remembrance Day, why not start our own Remembrance Yarn Bomb for our own community? These poppies are quick and easy to knit. Don't spend a fortune on knitting supplies either; charity shops, especially the Big C in Diss, have great ranges of wool and needles that you can pick up for a few pence. If you can't remember how to knit, Youtube has lots of great step-by-step videos, or pop along to Harleston Library for their Knit, Stitch and Chat sessions for expert advice. For a more advanced pattern and a crochet pattern, please look at <https://counties.britishlegion.org.uk/media/4069303/Poppy-Patterns.pdf>.

### **Easy garter/knit stitch pattern for beginners**

Colour A Red (one ball will make a lot of poppies!)

Colour B Scrap of Black or a black button

#### **Body of Poppy**

Using Col A cast on 120 stitches.

Rows 1-4 Knit

Row 5 Knit 3 stitches together across the row(40 stitches)

Rows 6-9 Knit

Row 10 Knit 2 stitches together across the row(20 stitches)

Rows 11-14 Knit

Row 15 Knit 2 stitches together across the row(10 stitches)

Cut yarn leaving a tail of about 20 cm. Thread tail through yarn needle and slip all the remaining live stitches onto the yarn tail and pull tight. Pull around into a circle and then mattress stitch (or use whatever stitching you normally use) to seam for an invisible seam. Sew in ends.



#### **Centre of Poppy**

Using Col B, cast on 16 sts. Cast off. Coil into a tight spiral and sew base to the centre. Or use a black or green button with 4 holes and sew to centre of poppy. Add pin.

### **Answers to Word Fun**

1. *It is a panagram – a sentence that has every letter of the alphabet.*
2. *It is a palindrome – it reads the same backwards and forwards.*



## Autumnal Sweet Treats

### Pumpkin Pie with Pecan and Maple Cream

550g pumpkin, peeled and cut into chunks  
 500g packet of shortcrust pastry  
 175g light muscovado sugar  
 2 eggs  
 150ml double cream  
 1 tsp cinnamon  
 1tsp ground ginger



For the cream:  
 150ml double cream  
 5 tbsps maple syrup  
 25g finely chopped pecans

Microwave the pumpkin pieces on high for 15 mins or until soft, and set aside to cool. Line a 25cm tart tin with the pastry, making sure there is an overhang, and chill for 30 mins. Bake blind at 200°C/180°C fan/gas 6 for 15-20 mins. Remove the lining foil and baking beans, and bake for a further 10 minutes until golden. Turn the oven down to 160°C/140°C fan/gas 3.

Place the cooled pumpkin, sugar, eggs, cream and spices in a food processor and blend until smooth. Pour into the pastry case and cook for 1 hour. It will puff up but sink as it cools. Remove from the tin and cool.

Whip the cream with the maple syrup, stir in the nuts and serve spoonfuls with the pie.

### Baked Apples with Prunes, Cinnamon and Ginger

*Serves 4. Preheat oven 200°C/180°C fan/gas 6*

4 cooking apples, cored	50g light muscovado sugar
2 balls of stem ginger, finely chopped	½ tsp cinnamon
4 prunes, chopped	1 tbsp butter

Score a line around each apple and put into a baking dish with a splash of water. Combine the sugar, ginger, prunes and cinnamon, and stuff the mixture into the apples so they are well packed. Top each apple with a knob of butter and bake for 35-40 mins until tender. Remove from the oven and baste the apples in the liquid left in the pan. Serve hot or cold with ice cream.



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## **Ramblings from The Rectory**

***By Rev. Nigel Tuffnell***

“Show me your faith without deeds and I will show you my faith by what I do” (Cf. James 2:14-26 NIV). St James makes it clear that faith, real faith, is expressed by action. So if you believe, what difference does your faith make to the way that you live your life? Too often, faith is regarded as a purely private thing; something hidden away and protected from prying eyes. True, your faith is your business; I have no right to insist that you believe the same as me. But if you are a Christian, I do have the right to remind you of scripture. In fact, it is my job.

So, I hope you agree that faith has to be practical. That said, there are many ways of putting faith into practice. Faith can be expressed through being more caring to family, friends and strangers. You can give regularly to good causes. But sometimes we need to come together as a Church to bring the world's concerns into our worship, and combine our efforts to make things better.

In late September and October we have our Harvest Festivals. These may no longer be the great village or town-wide events that they once were, but, in this rural area, they are still important. It is where we give thanks for the harvest that we see around us, praying for the prosperity and wellbeing of those who produce our food. The food collected also gives us an opportunity to support people in need, usually via Emmaus in Ditchingham, or our Waveney Foodbank. Come and join us, if you can.

In November we have the wonderful celebration of All Saints, where we remember and be inspired by the example of those great people who lived out their faith. We also have All Souls, where we will be reading out the names of our loved ones who have died, lighting candles and remembering all that they meant to us. In the middle of November we have Remembrance where we remember those who fell in two World Wars and subsequently. We will remember them.

So, whether or not you share my faith. I hope that we can work together for our common good, showing what is important to us, by what we do.

*God bless,*

***Nigel***

## All Saints Church, Thorpe Abbots

We have been delighted to have had two Baptisms in August, not only to welcome two youngsters into the Church community, but also two very happy family occasions. We are looking forward to our Harvest Service on Sunday 20<sup>th</sup> October at 4.00pm, and are planning as usual to have a poppy projection on the tower for Remembrance Week.

I cannot make up my mind as to whether this has been a summer to remember. Whilst early on it was just trifle damp making it a challenge to mow, we have had a lovely July and August, so it gets my vote. However, one black spot was the theft of the Church mower at the beginning of July. Sadly it has not re-appeared. June saw us undertake the Churches Count on Nature where we survey the wildflower population of the Churchyard. Over 100 species were identified, the highlight of which was a lovely display of over 150 pyramidal orchids and a good number of bee orchids. The second week in September will see all the wildflower areas cut and removed, as it is at this time of year that the grass and flowers have gone over with seed set for next year.

It was wonderful to take part in the village 40's event. What a truly great day, punctuated by the ringing of the hand bell when someone won a prize at the All Saints tombola.

We regularly have the Church floodlights on to commemorate, remember or celebrate. They cost just £5 a night, which goes into our maintenance fund. If you would like to have the lights on, please contact Sue Williams at [williams876@btinternet.com](mailto:williams876@btinternet.com) or call on 07855414941.

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### Brockdish Church

At long last scaffolding has appeared at the Church, so work can now be carried out on the roof. Thanks must go to the Geoffrey Watling Charity, Norfolk Churches Trust and the Diocese of Norwich Minor Works and Improvement Grant, who have kindly given grants to all the recent work that has been carried out. Appreciation is also given to the private individuals who have helped. Funds are still a little short of the target, but we do have another quiz night, coffee morning and brass band concert, with the proceeds going towards the work. Thank you to all who contribute to the Church annually, without your help the Church would be in a sad state. It is the village Church and must be treasured.

Forthcoming events:

- **Saturday November 9th:** Quiz night, Brockdish Village Hall, 7.30 pm, £5pp
- **Saturday November 23rd:** Christmas Coffee Morning, Brockdish Village Hall, 10.00 am - 12.00pm
- **Tuesday December 3rd:** Christmas Castleton Brass Band Concert, £5pp

Please phone Jan for bookings and any enquiries.

**Jan Croxson**

**Church Warden (tel.668630)**



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**Church Contacts**

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admin@7churches.org.uk	01379 851148
	Facebook.com/7churches.org.uk
Brockdish Church Wardens	Ann Cork - 01379 668635
	Jan Croxson - 01379 668630
Thorpe Abbotts Contact	Christine McDonald - 01379 669116

**Church Service Times - October and November 2024**

6th October	Brockdish 9.30 am	Morning Prayer
13th October	Brockdish 9.30 am	Holy Communion
20th October	Brockdish 9.30 am	Morning Prayer
	Thorpe Abbotts 4.00 pm	Harvest Festival
27th October	Brockdish 9.30 am	Holy Communion
3rd November	Brockdish 9.30 am	Morning Prayer
10th November	Brockdish 3.00 pm	Remembrance Service
	Thorpe Abbotts 9.30 am	Remembrance Service
17th November	Brockdish 9.30 am	Morning Prayer
24th November	Brockdish 9.30 am	Holy Communion

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