

THE *Mardler*

BROCKDISH & THORPE ABBOTTS



Edition No. 226 February - March 2020

**THE MARDLER is FREE and delivered to all
houses in Brockdish and Thorpe Abbots**

**Also available on-line at
www.the mardler.org.uk**

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The views expressed in The Mardler are not necessarily those of the Editorial team. The Editor reserves the right to amend or alter any copy received.

BROCKDISH VILLAGE HALL

Monday - Aerobics 6:45 - 7:45pm
Tuesday - Line Dancing 7.15pm
Wednesday - Ballroom & Latin Dance
Classes 7pm – 11pm *
Thursday - Tea Dance 2pm
- Carpet Bowls 7:30pm
Friday - Hall available for hire
Saturday - Quizzes, Ballroom Dancing*
Sunday - Tea Dance*

* See notice board for more information.

ADVERTISING IN THE MARDLER

If you are interested in advertising, the current rates are £25 for ¼ page and £50 for ½ page, which covers the 6 issues from 1st April annually. The cost for less than 6 issues is £5 per issue for ¼ page and £10 per issue for ½ page. For further information please contact Judith Chambers, see above.

Useful Contacts

Surgeries Harleston

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Emergencies 01379 853503

Police

Harleston and Diss 101

NHS Direct

111

Electricity Power Cuts

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03457 145 145

South Norfolk Council

01508 533633

Borderhoppa

01379 854800

Brockdish Village Hall

Bookings Jill Edwards 01379 669057

Thorpe Abbotts Village Hall

Bookings Kelvin Halifax 01379 668705

Waveney Heritage Centre

01379 668285

Carpet Bowls Club

Glyn Catchpole 01379 668698

Line Dancing

Tracey Hood 07854 943490

Aerobics

Clare Peed 01379 668715

Sunday Tea Dance/Ballroom

Latin Dance Classes

Niall O'Brien 07526 883776

South Norfolk District Councillor

Clayton Hudson 01379 676259

Parish Clerk

Teresa Hines 01379 308617

Libraries

Harleston 01379 852549
Diss 01379 642609

Editorial

With Spring just around the corner, I thought it was rather appropriate to have the cover photograph showing daffodils at their best on the banks of the River Waveney. The unappealing option would be a photo showing a somewhat overcast view that most of us have encountered over the past few weeks. That said it could have been alot worse if we were experiencing six inches of snow, 150 millimetres for those of you that insist on working in metric! Although there is still time as yet.....

Robert Buck
Editor




REMEMBER

Closing date for entries in the

April 2020/ May 2020 issue

Is Friday 6th March 2020

**Articles received after this date may
not be included in the next issue.**



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WHAT'S ON

FEBRUARY 2020

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Saturday 1 st	Thorpe Abbots Social	(page 8)
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Sunday 9 th	Waveney Heritage Talk	(page 9)
Sunday 16 th	Snowdrop Walk Brockdish	(page 44)
Thursday 20 th	Forget Me Not Café	(page 29)
Saturday 22 nd	Snowdrop Walk Brockdish	(page 44)
Sunday 23 rd	Snowdrop Walk Brockdish	(page 44)
Thursday 27 th	Harleston Cinema -Knives Out	(page 34)
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Saturday 29th	Thorpe Abbots Social	(page 8)

MARCH 2020

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April 2020

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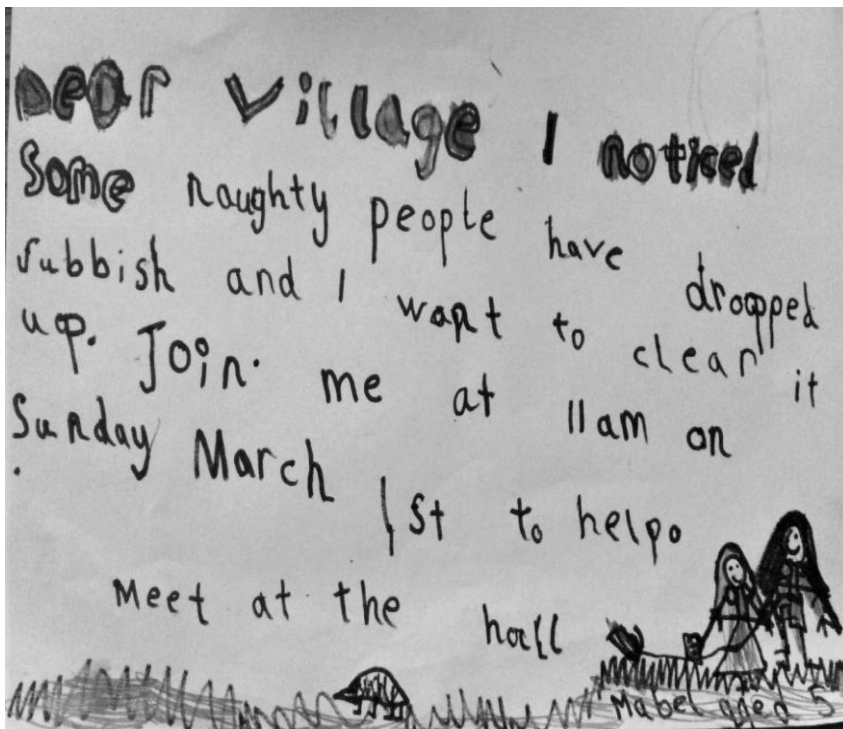
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HELP CLEAN UP THORPE ABBOTTS VILLAGE



Mabel Aged 5



QUIZ NIGHT

SATURDAY 7TH MARCH 7:30 for 8:00pm

Admission £5 BROCKDISH VILLAGE HALL

Bring your own drink Jan 668630

Village Information

THORPE ABBOTTS SOCIAL CLUB AND VILLAGE HALL

December was the busiest month that I can recall for the Social Club with four events, two involving buffet food for the members. Yet with good planning and lots of help from the members we achieved great success for all the nights to demonstrate that the Club is very much alive and is becoming increasingly popular.

On 7th December we had “Annie” as the entertainer and although attendee numbers were depleted owing to nearby charity events, the atmosphere was excellent with everybody dancing till well past midnight. I was heartened when several people said they thought the night was one of very best in terms of entertainment and music choice.

December 21st was our members night when a well-prepared buffet was provided by “the ladies that do”, the husbands and partners equally helping with setting up the Hall on the Saturday afternoon proves that we are working as a very slick team. Just Kevin was our entertainer who covered a very wide selection of popular classics from the 70s & 80s. Again, the dance floor was very crowded with almost everybody dancing, a truly great night with true Xmas atmosphere.

Boxing Day was a great success with the popular Brian Mann ensuring that our attendance was at the very maximum all of our chairs were utilised! This proves again that going out socialising and dancing beats TV hands down.

New Year was a great night with all members in a party mode. Bob Whiting from Ipswich was the entertainer and he worked tremendously hard throughout the long night to ensure everyone was in the party spirit. Wonderful food was provided

Village Information

THORPE ABBOTTS SOCIAL CLUB AND VILLAGE HALL

by the members catering team and all the ingredients made it a memorable night.

So now, with 2020, we have a very good entertainment package booked with several new acts and many popular returning performers who we have enjoyed over the past couple of years. Sadly, not many local people attend our events maybe they have thought that we are not progressive in our choice of entertainers or they think we are just a country & western club! A visitor's entrance ticket costs just £7 and drinks are very cheap. So why not give us a try, you will be made most welcome.

Our first Dance in 2020 will be on Saturday 1st February when membership is renewed for the coming year. Annual membership is £5 and monthly entrance fees for members are £6.

Please contact Kelvin 01379 668705 for further details.

Up Coming Events

1st February 2020
29th February 2020
4th April 2020

Jim Worton
Cardy and Coke
Merv and Maria

Waveney Heritage Centre at the Old School Brockdish

Winter/Spring Events/Talks

Sunday 9th February. 2.15pm for 2.30pm

Peter Davidson

More Ups and Downs: Barnardos Foster Children 1890-1950

This 2nd talk will continue the story Peter started last year, featuring fostering, child emigration to Canada and much more.

Sunday 1st March 2.15pm for 2.30pm

Stuart Boswell

An East Anglian Waveney Valley Childhood

Stuart Bowell memories of growing up in the 50's and 60's. Stuart' contemporaries will share many similar memories and younger people will realise what a different world it was then!

Wednesday 11th March 7.15 for 7.30pm

Rosemary Steer

Crime and Punishment- Murderers, Robbers and Ne'er-Do-Wells

An insight into the less reputable side of local life!

Sunday 29th March 2.15 for 2.30

Elaine Murphy

Drovers, Cattle, Dung and Hide

Do you know how far cattle had to walk in earlier times, how long it took them and who was in charge? Come and find out with Elaine, our patron and researcher "par excellence".

Wednesday 22nd April 7.15 for 7.30pm

Margaret Griffiths

Bletchley Park

Some tales of the home of the Government's Code and Cipher school
1939-1945

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Tickets £4.00 members £5.00 visitors

01379 668279 Mary Thompson 01379 669057 Jill Edwards

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SUPPORT STUART'S BIKE RIDE FOR DEMENTIA UK



Stuart Purton has undertaken to ride from London to Paris in July 2020 on behalf of Dementia UK. He is asking for your support to help raise £1,600.00. Help Stuart reach his target! He would be very grateful for your donations however small or big.

Stuart writes 'Quite simply my 90-year-old mother has Lewy Body dementia and has experienced some scary visual hallucinations. She also loves walking, but due to this condition she cannot walk very far and some days not at all. She has medication that has "stopped" the hallucinations, but, that medication is not a "cure" and at some point, the dementia will take hold.'

To donate please either contact Stuart on 01379 669070, email scpurton@gmail.com or via his page at [justgiving](https://www.justgiving.com/campaign/stuart-purton).

Parish Council

BROCKDISH PARISH COUNCIL (including Thorpe Abbots)

CHAIRMAN – Christine Mackenzie Tel: 01379 668818

CLERK – Teresa Hines Tel:01379 308617

We still have 2 vacancies to fill, if you are interested in becoming a Parish Councillor then please contact the Chairman (01379 668818) or email brockdishthorpeabbottspc@gmail.com for further details.

Planning Decision:

2019/2006 Erection of garage 1 Waveney Heights, Brockdish
SNC recommended refusal (PC recommended approval).

Dates of next scheduled meetings: - (members of the public are most welcome to attend). Agenda posted on both village notice boards prior to the meeting

Thursday 27th February 2020 at 7.00pm Thorpe Abbots
Village Hall.

Tuesday 31st March 2020 at 7pm Waveney Heritage Centre

Community Spirit

Brockdish Christmas Lights.

A big thank you to all who supported this year's switching on of the Brockdish Christmas Tree Lights on Sunday 8th December. Thank you to Chris Wolfe and Gareth Leech for erecting and lighting the tree.

Special thanks to Enrico and his team Andy and Stuart for providing and serving refreshments in the Village Hall following the event.

A total of £86 was raised on the night, the donation was shared between funds towards Brockdish Church stained glass repair fund and the Christmas lights.

Thank you to all who contributed and hope to see you again next year.

Parish Council

Brockdish Litter Pick.

The next Community Village Event in Brockdish is the
**Community Litter Pick on Saturday 14th March at 10.30 meeting
on Brockdish Village Green.**

Picking equipment provided. Please look out for updates on the Village Noticeboard.

Youth Group.

The Parish Council has often been asked about providing children and teenagers with a place to meet and participate in recreation and community activities. We are looking for enthusiastic volunteers who are passionate about helping young people.

There are many legal requirements when setting up a Youth Group, but we are looking for young adults or parents of school age children to take up this challenge. Help will be provided by the Parish Council.

Waveney Heritage Centre.

Waveney Heritage Centre are looking for ideas to expand the provision of Activities over the coming year. Perhaps something like a Village Show where you could enter produce from your allotment plots or back gardens. Weekend courses on learning a new skill, Arts and Crafts, Languages or Digital Photography.

Waveney Heritage Centre are planning an Open Day in the Spring-date to arranged.

Please contact

Christine Mackenzie Brockdish Parish Council
chris.mackenzie2@btinternet.com or WhatsApp 07790835301 if you would like any additional information on the above.

Local History

Community Nursing in Brockdish and Thorpe Abbots before the NHS © Elaine Murphy

In 1909, Nurses Ida Campbell and C Grommer, the two qualified 'Queens Nurses' employed by the Harleston and District Nursing Association nursed the sick and provided a home midwifery service to our two villages.

They covered an area that included Redenhall with Harleston, Brockdish, Hardwick, Mendham, Metfield, Shelton, Starston, Thorpe Abbots, Weybread, Withersdale and Wortwell, a population of 3021 people. That year the two nurses made 4459 visits to 223 patients, including midwifery, maternity and general cases. One nurse was only supposed to cover a radius of three miles but clearly these two had a far wider area. Taking into account their annual holiday, they must have visited at least 15 people a day.



Fig 1. District Nurses 1909 (archive photo, unknown location)

Local History

The nurses travelled by bicycle provided by the Association and lived in a house specially built for them by the Association. Cars were not provided until the 1940s. Their uniforms, made up for them by the Association, comprised 3 print dresses, 10 aprons and a uniform hat or cap, the dress material came from Duttons, in Wymondham, coats and caps from Garlands, London St., Norwich. If a nurse married, she had to resign, and since women in their twenties often did get married, there was something of a turnover in the workforce! Nurse Campbell did not marry however and went on to work 'on the district' until she retired in 1934. I wonder if anyone remembers her?

Nurses were not allowed to use their own initiative and their nursing "had to be sanctioned by the medical man" as the rules stated. If they were nursing an infectious case where their patient was in quarantine, the nurse was also quarantined and paid one shilling and sixpence a day extra (1s 6d). The nurses were expected to do midwifery too, specialist community midwives did not really take off until the 1930s although district nurses had some specific midwifery training from 1902.

The nursing associations were a key part of every town and village until the NHS came along. Here is Irene Sankey describing her work in late 1930s and 40s.

"All the houses and homes were different. Some were clean, many were dirty, a number very begrimed, and certain others were indescribably filthy! There were the real poor and the improvident. The homes of the poor were usually clean and scrubbed, and in the 1940s few families had a vacuum cleaner and fewer still had washing machines; not many had hot water in their taps and hardly any had a bathroom. So, it was not easy to be clean and wholesome...I had met and learned to deal with fleas, but I did not meet bugs until I started my

Local History

district training. If a house was bug-infested, you knew the moment you opened the door because there was a distinctive, peculiar and obnoxious smell. We gritted our teeth and hoped for the best. I always carried a large, strong paper bag into which I put my folded coat and hoped to find a clear space for it. We avoided chairs and sofas with upholstered seats (often horsehair) and never hung our coats on a hook next to other coats."



How was district nursing organised?

Long before the NHS came into being in July 1948, the need to nurse sick people in their own homes and provide a home midwifery service was obvious to everyone but until the late 19th century nurses were only available privately for the well-off. But in the late 19th century, local district nursing associations were formed, voluntary organisations responsible for recruiting, employing nurses, building homes for them to live in and meet all other expenses.

The large majority of these associations were affiliated to the Queens Nursing Institute, a charity that originated in 1887 with

Local History

a grant of £70,000 by Queen's Victoria's Women's Jubilee Fund. It had all started when in 1858 Liverpool philanthropist William Rathbone MP employed a nurse, Mary Robinson, to take care of his wife at home during her final illness. After his wife's death in 1859, he engaged Mary to go into one of the poorest districts of the City to bring healthcare to people who had no means to pay for it. He spent the rest of his life working to build up the service, with assistance from Florence Nightingale and others. District nursing on the Liverpool model soon sprang up in other towns, cities and rural areas, funded by local philanthropists.

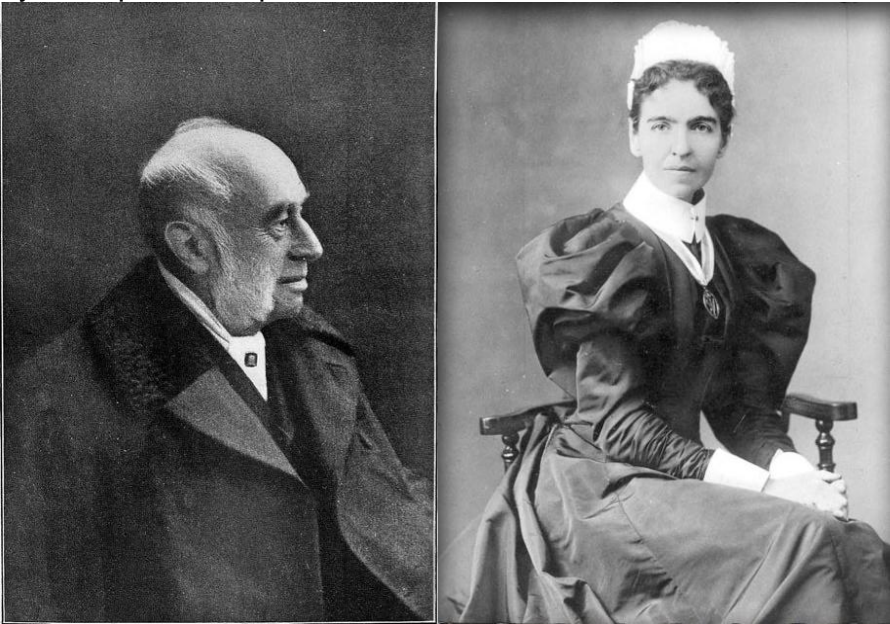


Fig 3. Left, William Rathbone, 1819 -1902, the instigator of district nursing and

Fig 4. right, Dame Rosalind Paget, the first superintendent of the Queen's Jubilee Institute for District Nursing

Local History

In our county, an organisation called the Norfolk Nursing Federation was founded, again largely by philanthropic subscription, to advise parishes and districts how to form and manage nursing associations, “to obtain suitable candidates and train them as village nurse-midwives, to provide where possible a staff of nurses for supply work including infectious diseases...and to encourage and increase the supply of district nurses throughout Norfolk”.

The NNF was funded by subscriptions from members, donations, grants from boards of guardians and a grant from the public health committee of Norfolk County Council. They held ‘special efforts, such as sales, entertainments etc...’ only to rouse public interest, not as a regular source of funds. Like every other charitable organisation at that time, the federation was run by rather grand, well-heeled ladies. The very active President was the Countess of Albemarle until her death in 1943 and the committee comprised the wives of large landowners and important business and banking families, like the Colmans and Gurneys.

By 1944, the last annual report at the end of the war reported that there were 140 Nursing Associations in Norfolk employing 48 trained nurses. Three areas had full time midwives (but not round here yet!). In 2013 there were an estimated 280 qualified and registered community nurses providing nursing care in Norfolk. But now we need MORE.

The records of the Norfolk Nursing Federation and some local nursing associations are held in the Norfolk Record Office.

Elaine has recently written a new biographical introduction and modern notes for a new edition of *Suffolk Scene*, by Julian Tennyson, written originally in 1938, now published by www.poppyland.co.uk.

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Coffee Break

Jokes

Q. Why did the acrobats get married?

Ans. They were head over heels in love!

Q. Why did the boy bat fall in love with the girl bat?

Ans. She was fun to hang around with!

Q. What do farmers give their wives for Valentine's Day?

Ans. Hogs and kisses!

Anniversaries

Traditionally each year of marriage is symbolised by a different material. Can you name the material associated with each anniversary below?

1. First 2. Second 3. Third 4. Tenth 5. Fifteenth
6. Twentieth 7. Fortieth 8. Forty-fifth 9. Fiftieth

Romantic Couples

Can you name the partner who makes up the whole?

1. Edward VIII 2. Prince Ranier 3. Napoleon Bonaparte
4. John Lennon 5. Kurt Cobain 6. Samson
7. Humphrey Bogart 8. Robert Browning

Coffee Break Answers page 27



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Local Information

Plots available now at Brockdish and Thorpe Abbots Allotments

Brockdish and Thorpe Abbots Allotments Association (BATAAA) is run by a small committee of volunteers for members of the local community. The allotments are situated at the end of Church Road in Brockdish, just before the bypass. We have full (250m²) and half (125m²) plots available and there is water on site.

To find out more about the allotments, to look round the site or to check plot availability please e-mail Rebecca Abrahall, BATAAA Secretary, at bataaa@hotmail.co.uk or contact David Young, Treasurer, on 01379 668556.

info@markanthonyplumbingandheating.co.uk

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The Crafty Bombers

@ Thorpe Abbots Village Hall

We are excited to introduce in 2020 The Crafty Bombers, a craft club for busy kids who like to do busy things!

Each month there will be a themed session with a variety of activities. Refreshments included. Toys and games are also provided to keep younger children occupied.

All sessions are 10.30am – 12pm.

Saturday 8th February:

Love is the air for our Valentine crafts



Saturday 14th March:

Welcome to Springtime crafty fun

To cover the costs of materials, we ask for a donation of £1 per child. Any crafty donations also gratefully received!

*For any enquiries please contact Jo Slater
tel. 668585 / jogslater@hotmail.com*

Information

MOBILE LIBRARY

Visits Brockdish and Thorpe Abbots every four weeks
on a Thursday calling at:

Brockdish - 12.05 pm Waveney Heights

Brockdish - 12.20 pm on Grove Road

Thorpe Abbots - 12.35 pm Telephone Box/Post Box

Next scheduled visits

Thursday 27th February 2020

Thursday 26th March 2020



Table Tennis at Waveney Heritage Centre

, Grove Road, Brockdish

Every Thursday from 7 pm – all welcome

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THE MARDLER GARDENER AKA PANSY'S POTTERINGS

From December to March,
there are for many of us three gardens
the garden outdoors,
the garden of pots and bowls in the house,
and the garden of the mind's eye.

Katherine S. White

February can be a very mixed month weather-wise, from sunshine warm enough to take your coat off, to snow or heavy freezing rain. On good days, take time to get out in to the garden to work and look around.

If the ground isn't too frozen or waterlogged, you can dig the soil over.

Move shrubs growing in the wrong place, and cut back your overgrown shrubs and hedges. It's best to do it now before the nesting season starts.

Chit seed potatoes, standing them in trays in a light but frost-free position.

Cut autumn fruiting raspberry canes to the ground. They will fruit in the autumn on the new canes. Force rhubarb shoots for an early crop. Feed fruit trees and bushes by sprinkling sulphate of potash fertiliser around the base to encourage fruiting.

Plant dahlia tubers in trays to encourage shoots to develop, which you can then use as cuttings.

Cut back overwintered fuchsias and increase watering to spur them into growth.

Remove any faded or yellowing leaves from overwintering plants to prevent fungal diseases. Finish cutting back dead foliage from perennials and grasses to make way for new growth.

Clear away old plant debris from pond margins and scoop out any leaves that have fallen into the water.

Brow Beauty *by Laura*

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Coffee Break Answers

Anniversaries

1. Paper 2. Cotton 3. Leather 4. Tin/Aluminium 5. Crystal 6. China 7. Ruby 8. Sapphire 9. Gold

Romantic Couples

1. Wallis Simpson 2. Grace Kelly 3. Josephine 4. Yoko Ono
5. Courtney Love 6. Delilah 7. Lauren Bacall
8. Elizabeth Barrett Browning

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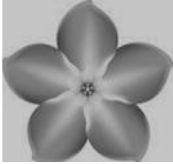
OPEN GARDEN

SUNDAY APRIL 5th

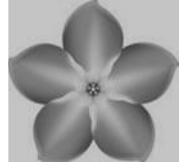
12 TILL 4PM

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THE RIVER WAVENEY.**



Harleston & District Dementia
Friendly Community
January 2020



Harleston Forget – Me - Not Café

Our Café this month is kindly sponsored by

GATHERING CHRISTIAN COMMUNITY & THE GRAPEVINE

Come along to the Swan Hotel, Harleston on

Thursday 20th February at 2pm

Come and enjoy a Music Therapy Session with Kate

We provide support and companionship to those in the Community who are experiencing issues with their memory. Please be assured of a very warm, friendly welcome to everyone.

All our sponsors are always welcome to come along to any of the Café's and join us for Tea

Music Therapy for Dementia – How does it help?

Music Therapy works on maintaining communicative and physical skills. It is a great motivator for promoting interaction. Music has been shown to elevate moods, and helps to raise self-esteem levels. A Qualified Music Therapist looks at measuring responses as well as engaging in activities such as singing and free-music making. An enjoyable and fun session for everyone.

If you would like any more information on our Dementia Friendly Community or the Café's contact Pat on - email Patricia.simmonds@mail.com or call on 01379 676557

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Recipe



CHICKEN, POTATO AND ORANGE PEPPER BAKE (Serves 4)

INGREDIENTS

4 chicken legs and thighs

2tbsp olive oil

½ lemon, sliced

2 rosemary sprigs roughly chopped

500g (1lb 2oz) unpeeled new potatoes, halved

2 orange peppers halved, deseeded and sliced

METHOD

- 1 Put the chicken pieces in a large sealable container. Add the olive oil, lemon and rosemary. Season with salt and freshly ground pepper and mix well. Cover and marinate in the fridge for at least 30min or up to 4hr.
- 2 Preheat the oven to 180°C (160°C fan) mark 4.

- 3 Tip the chicken, lemon, rosemary and any oil into a large roasting tin and roast for 20min. Meanwhile, bring a large pan of water to the boil, add potatoes and cook for 15min.
- 4 Drain the potatoes well, tip into the roasting tin and toss them in any juices. Continue to cook for 15min.
- 5 Add the peppers, turn up the heat to 220°C (200°C) mark 7 and cook for 10min until everything is golden.

SERVE WITH A salad made from watercress and just cooked, cooled green beans, tossed in French dressing.

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Harleston Cinema presents:

Knives Out” (12A)

This film, to be shown by Harleston Cinema on 27th February, is a fun, modern day “**Whodunit**” with “*razor sharp script and killer cast*” according to critics at the Toronto film festival where it made its debut. They loved the film - from the great ensemble cast, to the suspense of the story telling which keeps viewers guessing until the film’s final moments.

In brief - when renowned crime novelist Harlan Thrombey (Christopher Plummer) is found dead at his estate just after his 85th birthday, Detective Benoit Blanc (Daniel Craig), inquisitive and debonair, is mysteriously enlisted to investigate. From the deceased’s dysfunctional family to his devoted staff, Blanc sifts through a web of red herrings and self-serving lies to uncover the truth behind Harlan’s untimely death. If you are a fan of *Sherlock*, *Murder She Wrote*, *Columbo*, or practically any other good murder mystery, this will be a film for you.

Date Thursday 27th February: matinee 2.00pm: evening 7.30pm

Venue Harleston Masonic Rooms, Redenhall Road.

Tickets

Reserve them (at £4.00 p head) at HIP, Exchange St (01379 851917).

Please come and join us for a comedic and intriguing evening!

DON'T FORGET TO FEED THE BIRDS

We all enjoy seeing birds in our garden and get pleasure in feeding them. A variety of bird species require a variety of different feed.

Food for ground feeding birds vary – meal worms for wrens robins and blackbirds: pinhead oats are good for dunnocks.

Sultanas soaked in water are ideal for blackbirds, suet for the great spotted woodpecker and windfall apples for the blackbirds.

Seeds and nuts attract finches and tits.

Seed mixes with a high proportion of cereal attract sparrows and pigeons. Mixes with a lower cereal content suit both finches and buntings.

Take heed however as bird feeders can create disease. They should be cleaned regularly with a weak solution of bleach or other disinfectant, rinsing thoroughly.

Always check that there is a clear use by dates on any feed that is bought. Invest in squirrel proof feeders.

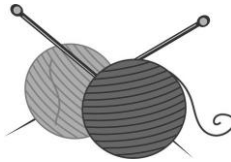
Go easy on the garden clear up as seeds heads will encourage birds into the garden. Undisturbed wood piles are also full of insect life as are rockeries.

HAPPY BIRDWATCHING



NORFOLK AND NORWICH UNIVERSITY HOSPITAL

KNITTING REQUEST



The Norfolk and Norwich University Hospital (NNUH) are seeking kind donations of knitted gowns and hats for their new baby bereavement suite.

In May 2018 we lost our beloved grandson, Jacob. One of the comforts for our daughter and son in law was the donated handmade knitted gown and hat that the midwives were able to dress Jacob in shortly after he passed away.

Babies born on the bereavement suite are often extremely premature and therefore 'off the shelf' items simply wouldn't be suitable.

In addition, the NNUH neo-natal ward are asking for comfort triangles. These are simple knitted triangles given in pairs. One is placed with the baby and the other with loved ones. At times when the babies must be left the triangles are exchanged and the comforting smell of one another remains when physically they must be parted.

Therefore, if any of you are keen knitters or looking for a new hobby over the colder months please see the following patterns. Any items can be passed to me and I will deliver to the NNUH. Alternatively, please deliver to the NNUH marked for Karl Kardtomerted, Bereavement Midwife's attention.

Many thanks.

Cheryl Mounser

NORFOLK AND NORWICH UNIVERSITY HOSPITAL

KNITTING REQUEST

Knitted Gowns

Double knit wool- no. 8 needles (4mm)

Cast on 68 stitches

Knit 6 rows

Keeping 4 stitches either end knit only, proceed as follows:

First row knit

Second row purl for 32 rows

Next row knit your 4 sts then K2 tog K1 until last 4 sts K4 (48 sts)

Next row repeat above row (35 sts)

Next row K8 sts cast on 16 sts then K19 sts then cast on 16 sts then K8 sts

Next row Purl

Next row K

Next row Purl (Reminder keep 4 sts either end)

Next row Knit

Next row Purl

Next row K23 sts K2 tog K1 7 times K23

Knit next 4 rows

Cast off on smaller needles

Sew a piece of ribbon each side at top to fasten

Can be knitted in any pattern you like but no holes **please** for little fingers to get caught in.

Hat for Premature Babies

Cast on 48 sts

Knit 10 rows

Stocking St Next 20 rows

Next row K2 tog all the way across

Next row Purl

Next row K2 tog all the way across

Next row Purl

Next row K2 tog all the way across

6 sts

Draw together and sew up.

NORFOLK AND NORWICH UNIVERSITY HOSPITAL

KNITTING REQUEST

Pattern for Triangle

Double knit wool- no. 8 needles (4mm)

Cast on 43 sts

Row 1 Knit 3 sts purl to last 3 sts – knit 3 sts

Row 2 Knit

Row 3 As Row 1

Row 4 As Row 2

Row 5 As Row 1

Row 6 Knit 3 sts – slip first knit first pass slip stitch over knit to last 5 sts K2 tog – knit 3

Row 7 Knit 3 sts purl to last 3 sts knit 3 sts

Repeat rows 6 and 7 until 9 sts remain ending with a purl row

Next row K3-K3 sts tog – K3

Next row K3 – purl 1 – K3

Next row K2-K3 tog – K2

Next row Knit

Next row K1 – K3 Tog – K1

Next row K3 tog and fasten off

If anyone has any odd wool in neutral colours they would like to donate, I am willing to knit it for this cause.

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ALL SAINTS CHURCH NEWS



Well, that's Christmas and New Year over. Can we all now relax and make sure we stick to our New Year's resolutions? I do hope that you all enjoyed our Quiz in January

The Christmas period was a busy one for All Saints. Our Christmas Service was great fun and much enjoyed by all. This year we also held the Christmas Eve Service at Midnight for this end of the Benefice. This was again well attended. November saw us celebrate All Saints Day with a short service on the 1st, which, of course, was preceded on the 31st by All Hallows Eve (or Halloween). Our January Service was Holy Communion taken by Tim Rogers, who just for something different, played his guitar to accompany us on the second hymn... we all sort of got the hang of it by around the third verse and enjoyed something different. Looking ahead, our Sunday Service in February will be Morning Prayer on the 9th at 9.30am. Please do come along if you would like to. The following week on the 13th, we will be having the short service of Compline starting at 6.30pm. A peaceful and thoughtful way to bring one's day to a close.

ALL SAINTS CHURCH NEWS

At this time of year, we are looking out for our first flowers. Traditionally this has been the early snowdrops followed by the yellow aconites. However, as you might have noticed the daffodils in the Church car park have beaten all to it. I am not really sure why they flower so early but can only think it might be something to do with the concrete car park warming in the sun (or this year in the rain!). Nevertheless, the snowdrops are very close behind as a youngster came in to show us one he had found in the Churchyard.

I refuse to be lulled into thinking that Spring is around the corner. Yes, the grass may have put up a few new leaves but I would not be surprised if we do have a cold snap before too long. Indeed, as you read this we may be snuggled up in front of a nice warm fire as the outside is characterised by a fierce bitter wind, perhaps even snow.

Church Lights. We already have a list of events and personal celebration days we mark with the lights and would love to light the church more often. It costs just £5 a night and the money goes straight into our Maintenance Fund. From this we draw frequently for the upkeep of this Grade 1 listed 900-year-old Church.

If you would like the lights on please contact **Sue Williams** on **07855 414941** or myself on allsaintsta@btinternet.com. We would appreciate payment before the night.

Simon

Tables & Chairs, Cutlery & Crockery available to hire.
From Brockdish Village Hall
Competitive rates
Contact Jill Edwards 669057

BROCKDISH CHURCH NEWS

Many thanks to all those that supported the Christmas Brass Band Concert held in the Village Hall. The band were amazing and it was the most enjoyable night raising £500 towards the stained-glass repair fund.

The Nine Lessons and Carols by Candlelight Service was well attended. The Church looked magical with over 150 candles lit. The tree was beautiful, thank you to all those who helped to decorate the Church.

I have had to raise the cost of the quiz night to £5.00 after staying the same price of £4.00 for fifteen years. Please don't let this put you off from attending, it is still a fun night and a chance to meet up with people.

In June a concert is planned in the Church by a group called Cadence who sing selections of show and classical songs. Please keep an eye out for further information nearer the time.

Jan Croxson

Church Warden

Marquee for hire at reasonable rates.

Proceeds shared between the churches of
Scole, Billingford, Thorpe Abbotts and Brockdish.

Contact Sue on 740837 or
saredgrave@hotmail.com

Church Service Times

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<http://www.7churches.org.uk>

Revd Nigel Tuffnell
rector@7churches.org.uk

Benefice Administrator
admin@7churches.org.uk

Mon to Fri 01379 851148
 9.15am to 1pm.
[Facebook.com/7churches.org.uk](https://www.facebook.com/7churches.org.uk)

Brockdish
 Church Wardens

Ann Cork - 01379 668635
 Jan Croxson - 01379 668630

Thorpe Abbots
 Contact

Christine McDonald
 01379 669116

2 nd Feb	Brockdish	9.30am	Morning Prayer
9 th Feb	Brockdish	9.30am	Morning Prayer
	Thorpe Abbots	9.30am	Morning Prayer
16 th Feb	Brockdish	9.30am	Holy Communion
23 rd Feb	Brockdish	9.30am	Morning Prayer
1 st March	Brockdish	9.30am	Morning Prayer
8 th March	Brockdish	9.30am	Morning Prayer
	Thorpe Abbots	9.30am	Holy Communion
15 th March	Brockdish	9.30am	Holy Communion
22 nd March	Brockdish	9.30am	Morning Prayer
29 th March	Brockdish	9.30am	Holy Communion

Quiz & Light Supper - Saturday 7th March 2020
 (Bring your own drink), 7.30pm for 8pm start
 Brockdish Village Hall – £5pp

Book with Jan 01379 668630.



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