

# THE *Mardler*

**BROCKDISH & THORPE ABBOTTS**



**Edition No. 224 October – November 2019**

**THE MARDLER is FREE and delivered to all  
houses in Brockdish and Thorpe Abbots**

**Also available on-line at  
[www.themardler.blogspot.com](http://www.themardler.blogspot.com)**

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The views expressed in The Mardler are not necessarily those of the Editorial team. The Editor reserves the right to amend or alter any copy received.

## BROCKDISH VILLAGE HALL

Monday - Aerobics 6:45 - 7:45pm  
Tuesday - Line Dancing 7.15pm  
Wednesday - Ballroom & Latin Dance  
Classes 7pm – 11pm \*  
Thursday - Tea Dance 2pm  
- Carpet Bowls 7:30pm  
Friday - Hall available for hire  
Saturday - Quizzes, Ballroom Dancing\*  
Sunday - Tea Dance\*

\* See notice board for more information.

### ADVERTISING IN THE MARDLER

If you are interested in advertising, the current rates are £25 for ¼ page and £50 for ½ page, which covers the 6 issues from 1<sup>st</sup> April annually. The cost for less than 6 issues is £5 per issue for ¼ page and £10 per issue for ½ page. For further information please contact Judith Chambers, see above.

## Useful Contacts

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### Thorpe Abbots Village Hall

*Bookings Kelvin Halifax* 01379 668705

### Waveney Heritage Centre

01379 668285

### Carpet Bowls Club

*Glyn Catchpole* 01379 668698

### Line Dancing

*Tracey Hood* 07854 943490

### Aerobics

*Clare Peed* 01379 668715

### Sunday Tea Dance/Ballroom

#### Latin Dance Classes

*Niall O'Brien* 07526 883776

### South Norfolk District Councillor

*Jenny Wilby* 01379 741504

### Parish Clerk

*Teresa Hines* 01379 308617

### Libraries

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## Editorial

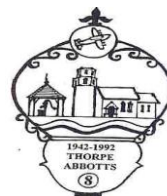
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The 31<sup>st</sup> of October sees Brexit taking place if we can believe all that we hear in the news. So the following day being the 1<sup>st</sup> of November we may be out of Europe, who knows at this stage whether this will be the case. It's starting to sound abit like the hokey cokey! One thing for sure is that evening sees the annual Halloween Ball in Thorpe Abbots Village Hall. All visitors can be assured of an entertaining and amusing evening regardless of Brexit! Please book your tickets to assist with the catering arrangements.

**Robert Buck**  
**Editor**



**REMEMBER**  
Closing date for entries in the  
***December 2019/January 2020 issue***  
**is**  
***Friday 1st November 2019***  
**Articles received after this date may**  
**not be included in the next issue.**



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## WHAT'S ON

### October 2019

Sat 5<sup>th</sup> Thorpe Abbots Social (p8)  
Wed 9<sup>th</sup> Syleham Event (p38)  
Thur 10<sup>th</sup> Mobile Library (p30)  
Sat 12<sup>th</sup> Syzewell Gap Starston (p29)  
Sat 12<sup>th</sup> Messy Church Thorpe Abbots (p41)  
Sun 13<sup>th</sup> Harvest Festival Thorpe Abbots (p41)  
Tues 15<sup>th</sup> HIP Job Club (p9)  
Thur 17<sup>th</sup> Forget Me Not Club (p34)  
Sun 20<sup>th</sup> Harvest Festival (p42)  
Wed 23<sup>rd</sup> Syleham Event (p38)  
Mon 28<sup>th</sup> Rough Cast Event (p10)  
Tues 29<sup>th</sup> Parish Council Meeting  
Brockdish (p12)

### November 2019

Fri 1<sup>st</sup> Halloween Ball (p8)  
Fri 1<sup>st</sup> Rough Cast Theatre (p10)  
Sat 2<sup>nd</sup> Thorpe Abbots Social (p8)  
Sat 2<sup>nd</sup> Rough Cast Theatre (10)  
Wed 6<sup>th</sup> Syleham Event (p38)  
Thur 7<sup>th</sup> Rough Cast Theatre (p10)  
Thur 7<sup>th</sup> Mobile Library (p30)  
Frid 8<sup>th</sup> Rough Cast Theatre (p10)  
Sat 16<sup>th</sup> Brockdish Quiz (p30)  
Sat 23<sup>rd</sup> WW1 Talk Thorpe Abbots  
(p41)  
Thur 28<sup>th</sup> Parish Council Meeting  
Thorpe Abbots (p12)  
Fri 29<sup>th</sup> Thorpe Abbots Bar Night  
(p8)  
Sat 30<sup>th</sup> Xmas Market Mendham  
(p27)  
Sat 30<sup>th</sup> Brockdish Coffee Morning  
(p42)

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### Thank You

Glyn and Joyce would like to say many thanks to all the caring people who sent best wishes and helped Joyce in so many ways while Glyn was in hospital and re-hab.

***Joyce & Glyn Catchpole***

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### Reading Edition 223 of The Mardler

This is going to be a completely random email, but I just wanted to say how impressed I was with The Mardler. We run a small holiday park in Marazion called Wheal Rodney Holiday Park and have 2 wonderful current guests called Liz and Ricky (Brockdish residents) who gave us a copy of the most recent edition, just for our interest more than anything else. I found it so enjoyable to read about all the goings on of your community, the various events on offer, recipes, the local characters and the history of your area. I live and work 397miles away in sunny Cornwall but wouldn't think twice to visit such a wonderful community if I were ever in the area! You really have thought of everything, even down to the buses and church services.

Thank you for an enjoyable and informative read - many communities could do with taking a leaf out of your book... literally!

***Kindest regards***  
***Donna Smith***

### Editors Response

Thank you for your kind email and comments. Huge thanks to Liz & Ricky of Brockdish for taking the Mardler to the other side of the United Kingdom!

### **Remembrance Sunday**



This always falls on the second Sunday in November, this year the 10<sup>th</sup>. It is the day traditionally put aside to remember all those who have given their lives for the peace and freedom we enjoy today. On this day people across the nation pause to reflect on the sacrifices made by our Service men and women. Every poppy helps us to support the British Armed Forces past and present, and their families. We will again project a poppy onto the tower at All Saints Church, Thorpe Abbots so spare a thought as you pass on the main road.

Please give generously and wear your poppy with pride.

### **Waveney Heritage at the Old School, Brockdish**

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Things are going well here! We have enjoyed a wonderful series of talks, including subjects as diverse as Norfolk dialect, the 400<sup>th</sup> Anniversary of the departure of Mayflower to America, a tour of Brockdish Church (including the bells and the view from the tower!), and more.

We now have a gardening group and a regular book swap with tea and chat, including an invitation to anyone who just fancies a chat. We have a half size snooker table and two table tennis tables for those who prefer indoor games, especially in the winter, have applied for grants to set up a “boules” club which will make use of a bit of the west part of the car park for play and a spot under one of the trees for the traditional French arrangement of chairs, tables and drinks for those who wish to spectate, hand out advice or rest from the excitements of the game.

You are warmly invited to our Christmas celebration on Friday 13<sup>th</sup> December at 7.00. We'll have mince pies and mulled wine and will singing from “Rough at The Edges” who did us proud last year. There will be some poetry and reading as well. If it is anything like last year it will be a heart-warming occasion to put us all in the Christmas mood.

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## Information

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### **THORPE ABBOTTS SOCIAL CLUB**

Saturday 5<sup>th</sup> October

Marc James

Saturday 2<sup>nd</sup> November

Cowboy Dave

Saturday 7<sup>th</sup> December

Annie

BAR and RAFFLE

All members, friends and visitors are very welcome

***Linda Halifax - 668705***

### **THORPE ABBOTTS VILLAGE HALL**

Friday 1<sup>st</sup> November

Halloween Ball

Saturday 9<sup>th</sup> November

Poppies at the Pump craft morning  
10.30am-12.30am

Friday 29<sup>th</sup> November

Bar Night 6.30pm onwards

Friday 6<sup>th</sup> December

Christmas lights switch on followed  
by Bar Night (more details to follow).

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## **Jobs Club help comes to Brockdish**

**Tuesday 15<sup>th</sup> October 10am-12pm**

The Harleston Jobs Club will be bringing their friendly and informal Jobs Club service to Brockdish Village Hall on Tuesday 15<sup>th</sup> October. Drop in anytime in between 10am-12pm for help with job searching, CVs and covering letters, interview tips and advice, course information, careers advice, IT help, business start-up information, volunteering and much more. All our services are free and confidential, everyone welcome. Contact Lucy Marjoram on 01379 851920 or email [jobsclub@harleston-norfolk.org.uk](mailto:jobsclub@harleston-norfolk.org.uk) for further information.



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<b>October 28<sup>th</sup></b>	Old King's Head, Brockdish
<b>November 1<sup>st</sup></b>	Wingfield Barns
<b>November 2<sup>nd</sup></b>	Garboldisham Village Hall
<b>November 7<sup>th</sup></b>	Laxfield Village Hall
<b>November 8<sup>th</sup></b>	Fisher Theatre, Bungay
<b>November 9<sup>th</sup></b>	New Cut Arts, Halesworth.

Tickets £10/£6 (students) Performances start 7.30pm.

Not suitable for young children.

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### **Brockdish Village Hall**

The Trustees would like to convey their thanks for the kind donation from John and Jackie Spooner in the format of repainting the fencing around the Hall. Your continued support is always appreciated.

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**BROCKDISH CARPET BOWLS**

The Club has now completed the Summer league matches winning 11 and losing 3. We have reached the final of the cup playing Kenninghall in September. It's nice to see new players coming.

We meet in the Village Hall most Thursdays and welcome new players.

***Glyn Catchpole 668698***

## **Parish Council**

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### **BROCKDISH PARISH COUNCIL (Including Thorpe Abbots)**

Chairman – Christine Mackenzie

Clerk – Teresa Hines Tel: 01379 308617

e-mail: **brockdishthorpeabbottspc@gmail.com**

### **Please Slow Down!**

The speed of vehicles travelling through Brockdish and Thorpe Abbots is causing concern to many residents. It is felt that much of the speeding 'offenders' are local residents - please be considerate and drive below the speed limit. The speeding problem/deterrents will be discussed at our next meeting on Tuesday 29th October 7.00pm at Waveney Heritage Centre, Brockdish - please come along and have your say!

Date of next scheduled meetings (**all welcome to attend**).

Tuesday 29th October 2019 7.00pm at Waveney Heritage Centre, Brockdish

Thursday 28th November 2019 7.00pm at Thorpe Abbots Village Hall

### **Brockdish Common**

Some of you will know that the last few months have seen activities arranged by Norfolk Wildlife Trust - a bat count, a species identification and wildlife recording. Users will have seen the results of Gareth's attendance on a scything course with the beginning of some clearance work. Blackberry collectors have also had a good year!

There are two other important developments: The Conservation Volunteers (TCV) has secured a grant to fund 2 years activity on the Common which, in concert with Norfolk Wildlife Trust and your Parish Council, will see works to improve access and manage the Common for wildlife conservation. The second is that the Parish Council has at its September meeting signed the

## Parish Council

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agreement with South Norfolk DC to accept delegated powers to manage the Common. The latter being essential because there is no owner of the Common.

All of this is rewarding and the feed-back from many people is that they appreciate the improvements taking place. So, if you want to get involved in the work, which should commence later this autumn, or would like to know about any other events relating to the Common then please let me have your email address and I'll ensure that you are kept up-to-date.

**Derek Clark**  
**Vice Chairman Parish Council**  
**01379 669201**

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### The Health Service in late 18<sup>th</sup> century Brockdish

© Elaine Murphy

Pleasance Storer (or Storey) was born to a very poor labouring family in Brockdish in January 1757. William and Sarah Storer were only just keeping their heads above water and in hard times had to resort to asking the parish Overseer for some help. It seems Pleasance was a frail, probably malnourished child and the Overseer often allowed her mother a small cash dole to buy little extras.

In 1774 Pleasance, now in her late teens, was receiving a regular shilling every couple of weeks because she was 'at need'. This isn't very much, no more than about £5 today but it may have helped a little to a family counting every penny. On one occasion the overseer John Cotton, who farmed many acres in Brockdish, Weybread and Syleham, paid out of parish funds for a bottle of spirits for Pleasance's brother ("Boy Storey"). Alcohol was thought to supply fortifying nourishment and beneficial for a range of maladies.



A poor woman accepting alms, 18<sup>th</sup> century, contemporary print.

## Local History

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Pleasance's health deteriorated in 1775 and the Parish Trustees of the Poor decided they would ask the advice of one of the two doctors they regularly consulted for the parishioners who could not pay for a doctor's visit themselves. And it is at this point we get quite a surprise. The parish did not ask a local surgeon apothecary, but rather they asked for a specialist opinion and paid to get the best physician around. Of the two doctors they employed, Dr Thomas Penrice, who lived at Yarmouth had a very successful medical practice in the town, drove regularly over to Brockdish at the request of the parish to see sick patients. He was on a retainer of 11 shillings per annum (about £50) and no doubt had other parishes paying him similar sums. He usually recommended a lotion, a potion, medicine or something special to eat. The 'druggist' (chemist), Mr Kerrich in Harleston, would make up the medicine for a few pence, or the doctor brought the medicine with him. Since medicines were largely completely ineffective or positively harmful, their main positive effect as placebo emanated from the personality of the doctor. (Just as true now of course for many remedies!)

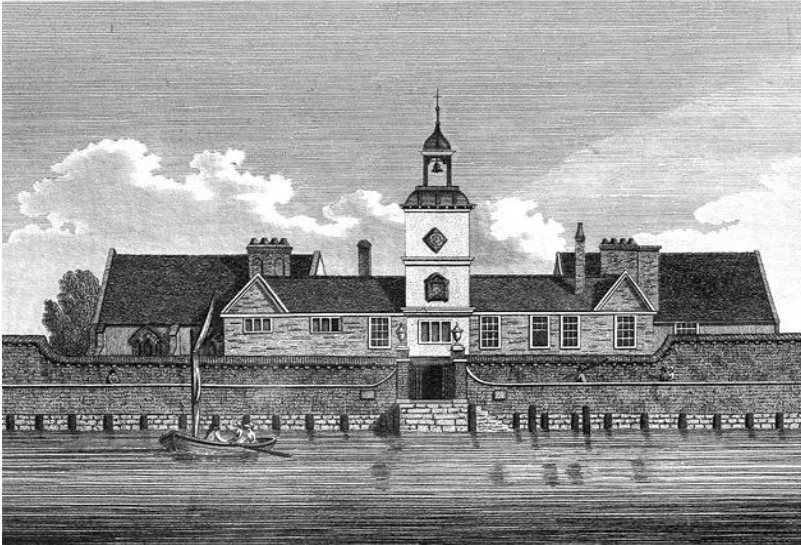
The other physician regularly consulted was nearer to hand, Dr Robert Pretymman. He was from a local wealthy landowning family who farmed at Brockdish Hall; Robert himself lived in great style in Wingfield Castle, having married into the wealthy Leman family. His retainer was £5 per annum (that's about £500 in today's money). Both these doctors regularly feature in the Overseers' minutes. Who says there was no health service before 1948?

Pleasance didn't get better. What to do next? Ah, the new Hospital that had just opened in Norwich. Can we send her there? The Trustees weren't sure how to get Pleasance seen or how much it would cost. Must make enquiries.

**The Norfolk and Norwich Hospital** was founded just a few years earlier in 1771 as a charitable institution for the care of "the poor and the sick", established by William Fellowes and Benjamin Gooch. William Fellowes, who owned Shotesham Park estate south of Norwich, was a philanthropist who was persuaded by a local

## Local History

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The first Norfolk and Norwich Hospital opened in 1771.  
Line engraving by E. Harding, 1801,  
after C. Tomkins, Wellcome Museum.

surgeon Benjamin Gooch, to invest in one of the new type of hospitals that aimed for cure rather than just care. 'Voluntary Hospitals' which strove to improve patient's condition with medicine or surgery had already been established in London; this one in Norwich was one of the first to appear in the provinces.

Well before the Norfolk and Norwich Hospital was established, William Fellowes and Benjamin Gooch had set up the first hospital in Norfolk at Shotesham at Hawes Green. We know it was in operation by 1753. The cottage hospital carried out surgical procedures, mainly the removal of bladder stones, a very common disorder of the late 18<sup>th</sup> century. (This was of course before the discovery of anaesthetics). Shotesham also cared for those with mental health problems. It was quite usual in those days for new hospitals to care for all types of disorder, before the Victorian mania for separating out the 'sane' from the 'insane'.



## Local History

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Benjamin Gooch acquired much of his surgical skill at Shotesham Hospital and developed a local reputation, which spread nationally and internationally. His books on surgery for young trainees soon became renowned.



Left, Benjamin Gooch, right William Fellowes of Shotesham

Someone had to pay for people to be treated at the new hospital; it didn't have any funds of its own. Some wealthy people paid an annual subscription in order to have admission rights for themselves and their families and employees. Some of these became Governors of the hospital and they had rights to agree the admission of others too. Parishes had to pay the full whack, quite expensive but had to find a Governor to sponsor the patient.

John Cotton the overseer thought he'd best find out how exactly to get Pleasance admitted and rode up to see Dr Derby at Norwich (perhaps a friend or acquaintance or one of the physicians at the hospital) to see if he could fix it. Pleasance was accepted at a charge to the parish of 6 shillings. The parish paid for her and her father to make the journey to be admitted. We don't know what treatment Pleasance got but it must have worked

## Local History

because a year later in 1777, Pleasance married a local man, John Bickers at Brockdish Church. She signed her own name, rather than make her mark. In 1782 they had a baby daughter, Phoebe Story Bickers.

\*\*\*\*\*

No. 56 John Bickers — of this Parish single Man  
 — and Pleasance Storer of this  
 Parish single Woman — were  
 Married in this Church by Banns  
 this 30<sup>th</sup> — Day of December in the Year One Thousand seven  
 Hundred and seventy seven by me Tho: Malyn Curate —  
 This Marriage was by John Bickers  
 solemnized between Us Pleasance Storer  
 In the presence of William Storer  
 John Harper

\*\*\*\*\*

John Bickers marries Pleasance Storer  
 Brockdish Parish Register December 1777

**A small postscript:** Dr Thomas Penrice was a very close friend of the wealthy unmarried 4<sup>th</sup> Lord Chedworth, who lived in Penrice's house. Chedworth left his whole fortune to Penrice and his family, £300,000, worth a staggering £23 million today. Not surprisingly Chedworth's relatives objected to the will on the grounds of his 'insanity' but they failed to prove it. Penrice built a splendid house and gave up medicine to dedicate himself to collecting art.

Note: Pleasance's story is extracted from the parish registers, minutes and accounts of the Brockdish Overseers of the Poor, in Norfolk Record Office, 1772-1824 PD 477/42 and 43.

Elaine's new book Monks Hall, The History of a Waveney Valley Manor is available from [www.poppyland.co.uk](http://www.poppyland.co.uk), from local bookshops and on Amazon.

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## Coffee Break

### Jokes

Q. Why is money called Dough?

Ans. Because we all knead it!

Q. What's the quickest way to double your money?

Ans. Fold it in half!

Q. What happened when the cat swallowed a pound?

Ans. There was money in the kitty!

\* \* \* \* \*

### Quiz

What is the next in the series?

1. Catherine, Anne, Jane, Anne, Catherine, .....
2. Silver, Gold, Secret, Wish, .....
3. 1, 3, 5, 7, 11, 13, .....
4. Baldwin, Chamberlain, Churchill, Atlee, .....
5. The Philosopher's Stone, The Chamber of Secrets, The Prisoner of Azkaban, .....
6. Blue, Red, Yellow, Blue, Green, .....
7. Capricorn, Aquarius, Pisces, .....
8. USA, Italy, Canada, Russia, .....
9. Brazil, Italy, Spain, Germany, .....

Answer to quiz on page 29

A Thought....As Albert Einstein said, 'Stay away from negative people, they have a problem for every solution.'



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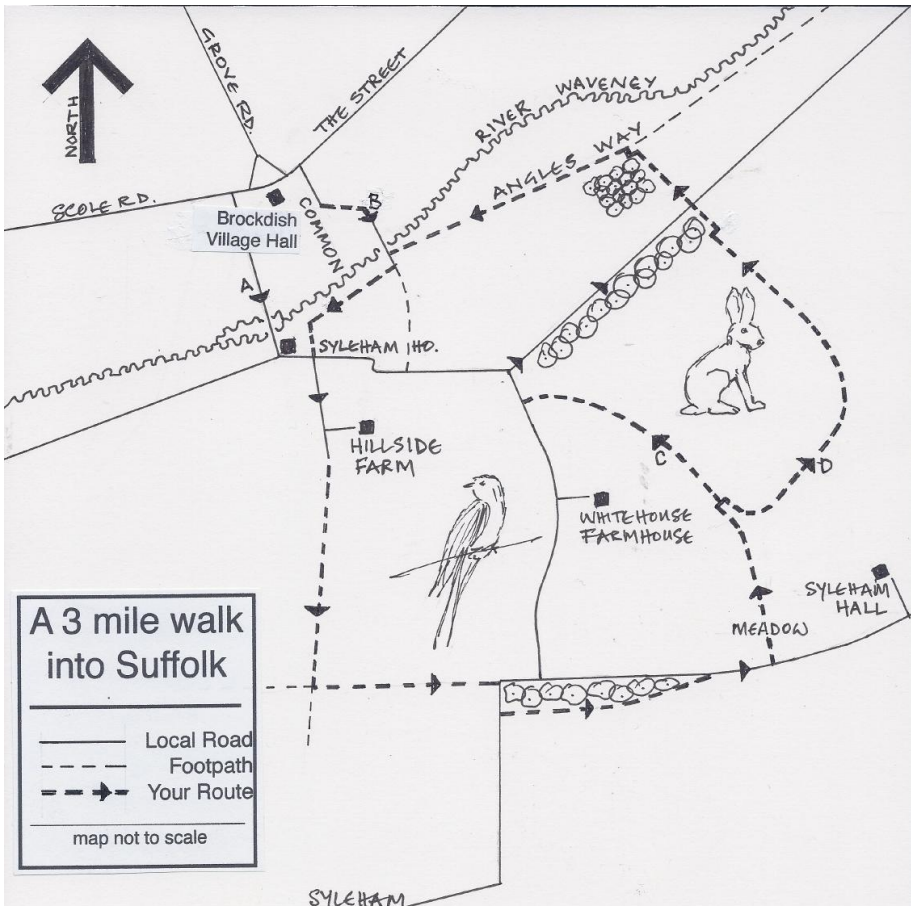
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## A Walk into Suffolk

Starting again from the Village Hall (**route A**) go left and left again down Syleham Road, across the narrow bridges over the River Waveney and you are in Suffolk - the toll gate is long gone so the crossing costs you nothing. There's a converted old mill building on your right and Syleham House, which has such a beautiful setting, on your left. Go left again for 50 yards and then turn right up the concrete road which is sign-posted as a footpath.



## A Walk into Suffolk

There's an alternative way of getting to this point (**route B**) unless you want to avoid cows in the summer months! Turn right from the Village Hall and right again down Common Lane with the Common on your right. Go diagonally left across Crescent Farm Poultry yard and across the bridge over the River Waveney (you're in Suffolk again) then down the track ahead of you for 100 yards and through the gate on your right. A footpath following the hedge takes you across the field to another gate then a short path to a road and the concrete road is directly opposite.

So, up the concrete road, which I call the Suffolk Mountain or others call The Syleham Alp, but in any event enjoy the views. At the top, near Hillside Farm it converts to a grassy track and then a short footpath across a field. At this point there is a footpath 'cross-roads' with the path ahead continuing straight on towards Syleham and Wingfield but you turn left along the edge of the field until you reach a road. This road takes you eastwards towards Syleham Hall but there is a more attractive route the other side of the spinney which runs parallel to the road. This is not a public footpath but the owners are content for you to use it. A timely reminder however to follow The Country Code. Shortly after you join the road there is a footpath on your left across a lovely meadow - just as meadows were when I was a boy - but there may be cows! Follow the path across the meadow until it narrows and there is a gate on the right taking you into a cultivated field. The public footpath (**route C**) then goes left and back to a road which you can then follow, turning right at the T junction and then uphill for 1/4 mile until you see a footpath on your left.

Again, there is a more attractive route from the point where you leave the lovely meadow (**route D**). As you come through the gate turn right and follow the field edge. This is not an official footpath but the owner allows it to be used.

## **A Walk into Suffolk**

There is however an official environmental margin around the field and walking is only permitted next to the arable field, *not on the 6-meter margin next to the hedge or ditch*, so please respect this. I've often seen hares in this area and frequently buzzards are overhead. When you reach a road, you will see ahead of you the footpath you would have reached by the other route.

The path now leads northwest to the Waveney Valley. At the end of the first field you reach a wide glade beside a woodland going down to the valley floor. The stile at the bottom delivers you on to Angles Way and a left turn will take you back to Brockdish on route B. This is about 3 miles through wonderful countryside with many beautiful views across and along the Waveney Valley.

### ***An Old Scout***

## **Local Information**

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### **Plots available now at Brockdish and Thorpe Abbots Allotments**

Brockdish and Thorpe Abbots Allotments Association (BATAAA) is run by a small committee of volunteers for members of the local community. The allotments are situated at the end of Church Road in Brockdish, just before the bypass. We have full (250m<sup>2</sup>) and half (125m<sup>2</sup>) plots available and there is water on site.

To find out more about the allotments, to look round the site or to check plot availability please e-mail Rebecca Abrahall, BATAAA Secretary, at [bataaa@hotmail.co.uk](mailto:bataaa@hotmail.co.uk) or contact David Young, Treasurer, on 01379 668556.



## **ANOTHER HOME FRONT MEMORY**

Whilst B17's and B24's of the 8<sup>th</sup> AF were operating mainly from Norfolk, down in Essex we had B26 Marauders of the 9<sup>th</sup> AF flying out of about 15 airbases. Many an evening we would cycle out to watch them landing after their daylight missions. It was only later in the post war years that we learnt of their exploits and losses. I well remember a Sunday morning cycle ride with my father when we saw the fuel pipelines being laid to Chipping Ongar airfield. This was known locally as Willingale, the nearest village which has the reputation of having two churches in the same church yard. On another occasion I remember seeing a mixed bunch of B26's and B17's coming back home with battle damage after an early morning raid. Feathered props and engines trailing smoke.

### **'PUT THAT LIGHT OUT'**

What a familiar shout! It's hard to anyone today to imagine just how dark those nights of blackout really were. Traffic was mainly military or a local bus driving with narrow slit lights being dangerous to drivers and public alike. Trains were all steam driven with engine cabs having a tarpaulin over the top to minimise the fire box glare. Buses all had subdued blue coloured internal lighting – virtually useless.

Our basic means of transport was the bicycle which limited distance of travel and it was not until the post war years that we learnt just how much was going on around us. The streets in town were packed out with Americans during the evenings. I suspect that they were from our local bases of Boreham and Willingale.

Air raid warnings were a common occurrence, (we had over 1100 alerts recorded). As often or not they were for intruder aircraft during the day. Battle of Britain excepted, I recall cycling home one night during an air raid when I watched an enemy aircraft caught in search lights. It appeared to be following the

## **ANOTHER HOME FRONT MEMORY**

main railway line to London. The ack ack guns were all firing away without any success until it flew away beyond the horizon. I never did hear if it finally got shot down. At times like this shrapnel was a menace- time to take cover. During the London Blitz I gained a high advantage point on a tall building one night and watched the ack ack firing all the way along the river Thames. What a firework display!

During the time of the doodlebugs and rockets, I was an engineering apprentice. On one particular afternoon there was a whacking great bang. I looked up to see the steel framework of the roof, flexing, including overhead running rails of a 20-ton lift crane. The bang proved to be a V2 rocket which had landed a few hundred yards away with the building taking the full blast.

Years later I learnt that the overhead crane rails remained distorted with a permanent restriction on its travel.

The close proximity of a V2 falling at night whilst in bed is a frightening experience. Some wake up call! On this occasion it fell on a nearby factory killing 40 people mainly girls.

Fact is stranger than fiction. I was standing out in the garden during a night air raid when a stick of about 8 bombs fell a mile or so away, one of which failed to explode. Years later when I met my wife it transpired it had fallen in her front garden. Had it gone off I doubt if we would have met up.

When official peace was declared I happened to be in the Southend area. There was a convoy of ships lined up in the Thames estuary and at 3 o'clock in the afternoon every ship sounded its siren together with every vessel all the way up the river to London.

**What a memory!**

# **Mark Anthony**

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### **All Saints' Church Mendham Christmas Market and Café Saturday 30th November 10.00am-3.00pm**

Our annual Christmas market will be taking place in the Church at Mendham IP20 0NH.

This is an ideal opportunity to get ahead with your Christmas shopping and solve some of those present buying dilemmas.

There will be stalls selling home-made preserves, cakes and other seasonal goodies, hand-painted pots and other items, jewellery, hand-crafted cards, gifts and decorations, even home-made treats for your four-legged friends!

Our café will be serving a variety of home-made cakes, drinks, our legendary sausage rolls, hot lunches will be available from 12.00 noon.

Please contact Dawn Dawson 01379 855440 or Heather Lee 01379 588306 for further details.



4 London Road, Harleston Tel: 01379 853258

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### Syzewell Gap

The folk band Syzewell Gap will be appearing at Starston Jubilee Hall on Saturday 12th October at 7.30 pm. Their performance includes songs, story-telling and British and European traditional music with an East Anglian flavour.

Tickets cost £10.00 and can be booked by contacting Michael Fordham on 01379 854528 or by emailing [michael.fordham@hotmail.com](mailto:michael.fordham@hotmail.com)

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***CHANGE ATTITUDES, FIND A CURE, JOIN US***

Answers to quiz from page 20

1. Catherine. The first name of each of the 6 wives of Henry VIII.
2. Kiss. Nine for a kiss - From the nursery rhyme One for sorrow, two for joy..
3. 17. Prime numbers.
4. Churchill. The surnames of Britain's Prime Ministers 1945 to 1955.
5. The Goblet of Fire. The fourth book in the Harry Potter series.
6. Red. The colours of the letters in the GOOGLE logo.
7. Aries. Signs of the Zodiac.
8. South Korea. Countries hosting the winter Olympics this millennium.
9. France. Countries winning the Football World Cup this millennium.

### **MOBILE LIBRARY**

Visits Brockdish and Thorpe Abbots every four weeks  
on a Thursday calling at:

Brockdish - 12.05 pm Waveney Heights

Brockdish - 12.20 pm on Grove Road

Thorpe Abbots - 12.35 pm Telephone Box/Post Box

### **Next scheduled visits**

Thursday 10<sup>th</sup> October

Thursday 7<sup>th</sup> November

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## **QUIZ NIGHT**

**SATURDAY 16<sup>th</sup> November 7:30 for 8:00pm**

**Admission £4 BROCKDISH VILLAGE HALL**

**Bring your own drink Jan 668630**

## **THE MARDLER GARDENER AKA PANSY'S POTTERINGS**

"The sweet calm sunshine of October, now  
warms the low spot; upon its grassy mound  
The purple oak-leaf falls, the birchen bough  
drops its bright spoil like arrow-heads of gold."

William Cullen Bryant

Collect seeds from summer-flowering plants for planting next year. Seed heads such as alliums, cut off from the plant whole, dry and spray paint in silvers or golds for glorious Christmas decorations. It's also a good idea to leave some seeds in situ in the garden for hungry birds.

Sow sweet peas now to make sure larger, more robust and earlier flowering plants next spring.

This is a good moment to create your winter ornamental tubs.

Peas and beans that have gone over can be cut down to ground level, and their roots left in the soil to be dug over, they then break down and return vital nitrogen to the earth. You can also sow broad beans this month for good early pickings in May and June next year.

Plant shallots, onion sets and garlic now for the best sized bulbs next year.

The old fruited canes of blackberries can be pruned out to make space for next years to develop. Cut back all the stems that have produced blackberries this year to ground level and tie in new growth. Leave autumn fruiting raspberries until later in the winter.



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### **Information**

---



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Our regular members outings are very popular. We have trips to the seaside, garden centres, shopping trips, boat trips and pub lunches.

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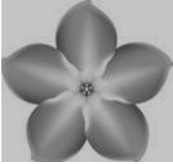


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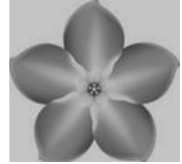
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**Harleston & District Dementia**  
**Friendly Community**  
**October 2019**



**Harleston Forget – Me -Not Café**

This month our Cafés are kindly sponsored by:

**Harleston Rotary Club**

**The Forget-me-Not Café** is open on the third Thursday of every month in the Swift Piano Bar at the Swan Hotel, Harleston, 2pm – 4pm with our next session on **Thursday17<sup>th</sup> October.**

Come and Meet Carolyne from Suffolk Dementia Together

.....  
**There will be no Singing Group Café in October**

Free refreshments for everyone at all Café's

We provide support and companionship to those in the Community who are experiencing issues with their memory. Please be assured of a very warm, friendly welcome to everyone.

All Our Sponsors are always welcome to come along to the Café and join us for Tea

**SUFFOLK DEMENTIA TOGETHER**

Catherine from Suffolk Dementia Together is visiting us at the Café, she works to support people or families who are worried about memory loss or have just been diagnosed with Dementia. If you have any worries, or concerns come along and have a chat with her.

For further information on any of the above please contact Pat on [patricia.simmonds@mail.com](mailto:patricia.simmonds@mail.com) or 01379 676557

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### Harleston Cinema presents :

#### ***YESTERDAY***

Hot on the heels of the highly regarded biopic of Sir Elton John which Harleston Cinema screened in October comes *YESTERDAY* – a glowing tribute to The Beatles. The film (Cert 12A) was directed by Danny Boyle, and stars Himesh Patel, Lily James and Robert Carlyle and a cameo appearance by Ed Sheeran.

Here, in a tiny English seaside town, we meet Jack Malek, a struggling singer-songwriter whose dreams of fame are rapidly fading despite the fierce devotion of and support of his childhood best friend, Ellie. After a freak bus accident during a mysterious global blackout Jack wakes up in an alternative timeline to discover that he is the only person in the world who can remember The Beatles. Seizing this improbable opportunity Jack begins playing The Beatles' hits, claiming the music as his own, and thereby becoming a musical superstar.

The film is described as “a pure fantasy of joyous proportions” with a “a gentle heart and a light touch” with “lots of laughs and goosebump moments” as well as showcasing the fantastic musical legacy of The Beatles

***YESTERDAY*** will be shown by Harleston Cinema on

Thursday 28 November

Venue                      The Masonic Rooms, Redenhall Road, Harleston

Doors open              1.30pm for 2.00pm matinee

7.00pm for 7.30pm evening performance

Interval ice creams available matinee and evening screenings and bar open evening

Tickets price £4.00 may be booked from Harleston Information Centre, Exchange Street (01379 851917)

Further information from Carolyn (01379 854752) or Lesley on (01379 854897)

# ***Dust if you Must***

***Dust if you must***

***But wouldn't it be better,  
to paint a picture, write a letter  
bake cake or plant a seed.***

***Ponder the difference between  
'want' and 'need'.***

***Dust if you must***

***But there's not much time,  
with rivers to swim and mountains to climb,  
music to hear and books to read,  
friends to cherish- a life to lead.***

***Dust if you must***

***But the world's out there,  
the sun in your eyes  
and the wind in your hair.***

***A flurry of snow, a shower of rain,  
this day will not come around again.***

***Dust if you must***

***But bear in mind  
old age will come and it's not kind.  
And when you go, as go you must,  
you, yourself will make more dust!***

### **Syleham and Wingfield Village Hall**

Suffolk Artlink have arranged a series of free craft activities from 10.00am until 12.30 pm on Wednesday mornings at the Village Hall this Autumn.

#### **Events**

**Wednesday October 9<sup>th</sup>** Fun photography. Sessions for beginners/improvers. Bring your own digital camera if you have one (though we do have a couple to borrow). FREE but PLACES ON THIS SESSION ARE LIMITED SO YOU WILL NEED TO BOOK. Call Suffolk Artlink on 01986 873955 or email [info@suffolkartlink.org.uk](mailto:info@suffolkartlink.org.uk).

**Wednesday October 23<sup>rd</sup>** Mosaic-Free. No need to book-design and make a mini-mosaic decoration with artist Jac Campbell.

**Wednesday November 6<sup>th</sup>** Ukulele beginners/improvers- Free, no need to book. Learn the basics and you'll be playing real songs! Instruments supplied or bring your own.

Sunday October 13<sup>th</sup> and 27<sup>th</sup> open 3.00pm-7.00pm for pool, darts, jukebox, bar open and there's possibility of live music! Pop in.

Sunday November 10<sup>th</sup> and 24<sup>th</sup> open 3.00pm-7.00pm for pool, darts, jukebox, bar open and there's possibility of live music! Pop in.

Bingo continues on the last Friday of the month. October will be supporting the Thursday Toddler group who meet at Fressingfield-there's a group of Wingfield parents who attend.

## **Fun Recipes for Halloween**

### **Meringue Bones**



#### **Ingredients**

200g caster sugar

100g egg whites (3-4)

Pinch of salt

#### **Method**

1. Preheat oven 200°C
2. Tip sugar into small roasting tin. Heat on mid shelf for 4 mins (hot to touch).
3. Remove from oven.  
Turn oven down to 100°C.
4. Put egg whites in a bowl with the salt. Whisk until foamy.
5. Tip hot sugar into the bowl. Whisk on a medium /high speed for 6 minutes.  
Meringue should be thick and super glossy.
6. Line 2 shallow tins with baking parchment.
7. Pipe meringue (you can use a small plastic bag with a corner cut off) into long shapes 10cm. Pipe two balls at each end to make bone shape.
8. Bake for 40 mins until crisp. Turn off oven and leave inside to cool.

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## **Thorpe Abbotts Church**

---

Well the summer has rather come and gone I am afraid, as we settle into autumn. A quiet summer with our regular monthly service which alternates between Morning Prayer and Communion. We always think that 9.30am is a great time to meet up as it does not really get in the way of the day although the chatting over tea/coffee often lasts longer than the service!

By the time you read this we will have had our Compline Service which happens during the week at 6.30pm. It is above all a short service of quietness and reflection before rest at the end of the day so really does bring it to a close in a truly lovely way. The next one will be at Billingford St Leonards on 12th December.

Coming up in October we have a Christening when we will welcome Esme Rose together of course with family and friends. Then onto 23rd November when we have the Gary and Simon double act with Simon putting on a talk about the Royal Naval Division in WW1 and Gary will bring in a good number of items with WW1 history to talk about. So very much a date for the diary, as always there will be a Light Supper, Bar and Raffle on offer. Further details will be forthcoming.

Our famous Messy Church will be running in the Village Hall on 12<sup>th</sup> Oct 10.30-1200. As those who have been will tell you, this is great fun for the youngsters and a chance for parents to catch up too. The last one earlier in the year was an absolute gas. The theme this time will be Harvest and everything that is made will go up to the Church for our Family Harvest Festival service on 13<sup>th</sup> Oct at 4.00pm.



**Church Lights.** Driving down the A143 you will notice every so often that All Saints Church is alight, and without doubt it looks absolutely fabulous. It's all about remembrance or celebration so if you have something or someone you would like to remember, or an event to celebrate

let us know. We already have a list of events and celebrations

## **Thorpe Abbotts Church**

---

we mark with the lights and would love to light the Church more often. It costs just £5 a night and the money goes straight into our Maintenance Fund from which we draw frequently in the upkeep of this Grade 1 listed 900 year old Church. If you would like the lights on please contact **Sue Williams** on **07855414941** or myself on [allsaintsta@btinternet.com](mailto:allsaintsta@btinternet.com). Payment will be needed before the night if you could please.

May I close with some thank you's, Kelly Halifax for painting and reroofing our shed, Chris MacDonald sanding down and painting our Bench and finally the team who manned the Church on the Church's Cycle Ride. Your help with all these things is most appreciated thank you very much indeed.

***Simon***

## **Brockdish Church**

---

Brockdish will be holding the Harvest Festival service October 20th at 9.30am. Donations of food will be sent to the food bank as there is a desperate need for stock. Anyone wishing to make a donation but are unable to attend the service please contact Jan 668630 and a pick up will be arranged.

Many thanks.

The Remembrance Service in Brockdish will be on November 10<sup>th</sup> at 3.00pm. Everyone is welcome so please come and join the congregation.

The Church Coffee Morning will be held Saturday November 30<sup>th</sup> 10.00am - 12pm in the Village Hall -- cakes games and stalls, come along for a cuppa and a natter.

***Jan Croxson - Church Warden***

## Church Service Times

<b>Minister in Charge</b> <a href="http://www.7churches.org.uk">http://www.7churches.org.uk</a>	Revd Nigel Tuffnell <a href="mailto:rector@7churches.org.uk">rector@7churches.org.uk</a>
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Brockdish Church Wardens	Ann Cork - 01379 668635 Jan Croxson - 01379 668630
Thorpe Abbots Contact	Christine McDonald 01379 669116

6 <sup>th</sup> Oct	Brockdish	9.30am	Morning Prayer
10 <sup>th</sup> Oct	Thorpe Abbots	6.30pm	Compline
13 <sup>th</sup> Oct	Brockdish	9.30am	Holy Communion
	Thorpe Abbots	4.00pm	Harvest Service
20 <sup>th</sup> Oct	Brockdish	9.30am	Harvest Service
27 <sup>th</sup> Oct	Brockdish	9.30am	Morning Prayer
Fri 1 <sup>st</sup> Nov	Thorpe Abbots	6.30pm	Patronal Holy Communion
Sat 2 <sup>nd</sup> Nov	Scole	6.00pm	Commemoration of the
	Harleston		Faithful Departed.
3 <sup>rd</sup> Nov	Brockdish	9.30am	Morning Prayer
10 <sup>th</sup> Nov	Brockdish	3.00pm	Remembrance Service
	Thorpe Abbots	9.30am	Remembrance Service
17 <sup>th</sup> Nov	Brockdish	9.30am	Holy Communion
24 <sup>th</sup> Nov	Brockdish	9.30am	Morning Prayer

**Messy Church** for children and their families is on Saturday 12<sup>th</sup> October at Thorpe Abbots Village Hall from 10.30am to 12noon. Crafts/activities with refreshments. All welcome and free of charge.

**Brockdish Harvest Service** are collecting for Foodbank. If you are able to donate then please leave items in the church to be blessed at the service.

**Quiz & Light Supper** - Saturday 16<sup>th</sup> November (Bring your own drink), 7.30pm for 8pm start at Brockdish Village Hall – £4pp, Book with Jan 01379 668630.

**WW1 Talk** is on 23<sup>rd</sup> November at 7.30pm in Thorpe Abbots Village Hall. More information from Simon Beet 01379 668132



# Thorpe Abbots Village Hall Committee Presents

## Halloween Ball

Friday 1<sup>st</sup> November

- 5.30pm: Trick-or-Treat... Meet at the hall
- 6.30pm: Party begins! Bar, Cocktails, Disco, Apple Bobbing, and much much more .....
- Food served includes chilli and a jacket potato or veg. Curry (£3)
- Prizes for the best carved pumpkin or vegetable (to be judged by a local celebrity) please bring your masterpiece to the hall by 5.30pm
- Prizes for the best costume (although fancy dress is not compulsory)

*Please phone 668585 or email  
jogslater@hotmail.com  
to let us know of numbers*

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